

Is There a Relationship Between Undocumented Immigrants & Crime?

PUBLIC SAFETY MUST COME FIRST: A COMMON-SENSE APPROACH TO IMMIGRATION ENFORCEMENT

The United States can debate immigration policy while still agreeing on a basic obligation: government must protect the public. When a person who is unlawfully present commits murder, rape, kidnapping or another serious violent crime, immigration status becomes relevant to detention and removal after due process.

The issue should not be exaggerated. Undocumented immigrants as a group should not be characterized as frequently committing violent crimes; research does not establish that conclusion. But statistics offer little comfort to a family whose preventable loss followed the release of a

dangerous offender.

Sanctuary policies can complicate cooperation when they restrict communication or compliance with federal immigration detainers. Public safety should outweigh political positioning when authorities are dealing with individuals convicted of serious violence.

Federal, state and local officials should cooperate within constitutional limits to identify, detain, prosecute and, when legally authorized, deport dangerous noncitizens. Due process must remain intact—but preventing another violent crime should be a shared national priority.

TIME TRAVELER' FROM 2033 SHARES YEAR ALIENS WILL MAKE CONTACT AND IT'S SOON

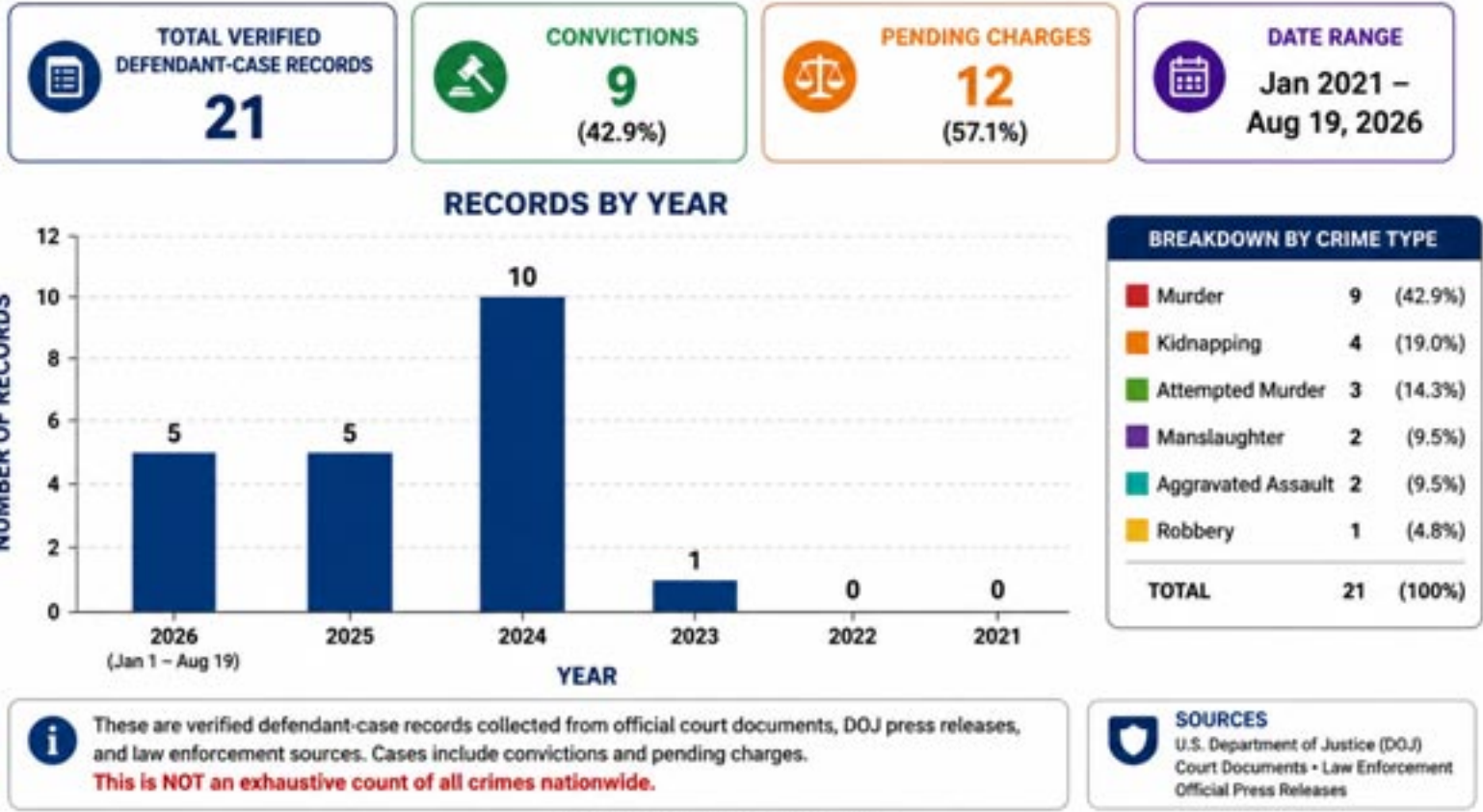
The Mirror
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SERIOUS VIOLENT-CRIME CASES INVOLVING ILLEGAL ALIENS

Verified Defendant-Case Records in Initial 2021–2026 Database





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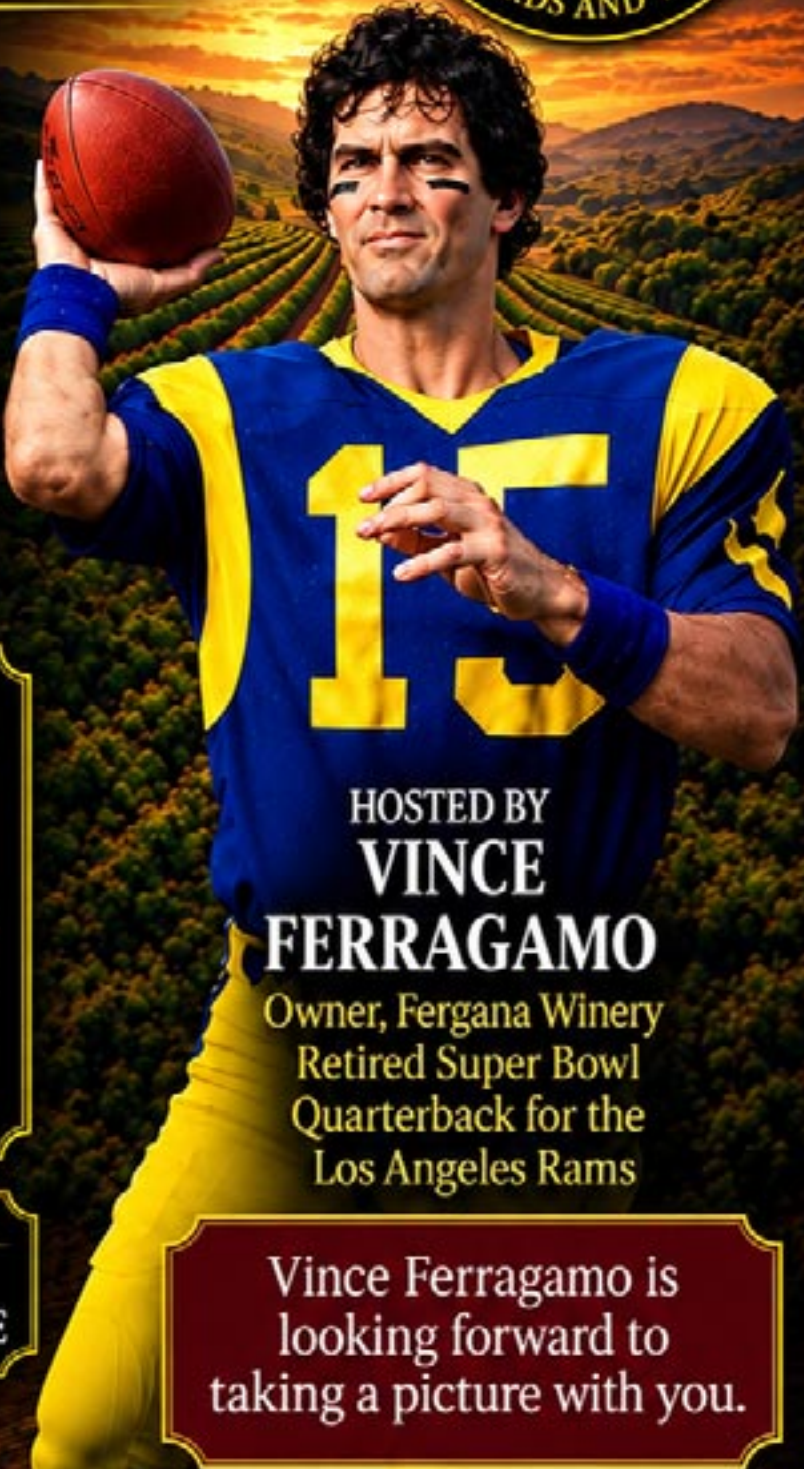
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Continued from pg 1

TIME TRAVELER' FROM 2033 SHARES YEAR ALIENS WILL MAKE CONTACT AND IT'S SOON

are not so different and the entire world will unite.", reports the Daily Star.

Humanity's descendants will also embrace a single universal religion, which Mr Dean asserted will have replaced all existing faiths by 2033. He refused to share any details about the religion, fearing it might cause a temporal paradox.

The self-proclaimed time traveller then claimed that time travel technology becomes public knowledge in 2028, along with revelations about extraterrestrial life forms beyond our planet.

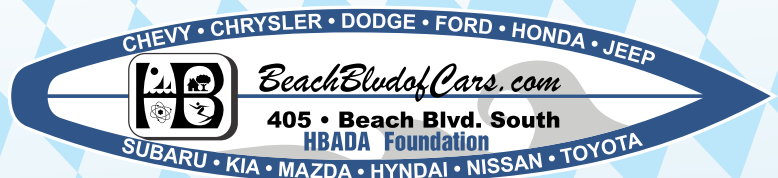
He said: "I just want to tell you what I'm saying are not predictions. In a way, they are prophecy because what I'm telling you will



Continued on pg 3



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Continued from pg 2

TIME TRAVELER' FROM 2033 SHARES YEAR ALIENS WILL MAKE CONTACT AND IT'S SOON

happen. But yes, I can tell you what is going to happen in the near future. The most prominent thing I can think of that is going to happen at the end of 2019, is 5G wireless network.

"This will connect more people than ever and it will triple the speed of your internet. In 2024, 6G will actually be released and it is released for free for the entire world. Yes, that means free wifi in every country, even in remote regions."

However, despite the bold declarations made online, not everyone who tuned into the ApexTV video bought into the time traveller's story.

One skeptical viewer, Andre Gomes Fer-

nandes, said: "Words are words. Speak, everyone speaks. I wanna see evidence."

Marion Peterson added: "I call fake because this looks too much of a utopia."

Youtuber FreiNrg wrote: "He's lying, they're all lying about time travelling to our current version of their past."

And Robert Gadling posted: "This sounds like Noah the time traveller to me. I guess that he went into hiding after his predictions proved to be false."

Meanwhile, a man who died in hospital and woke up in the afterlife before coming back to life said he no longer fears death for one unexpected reason.

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Dave Garofalo
Publisher

INSPIRATION

*"Keep your face always toward the sunshine,
and shadows will fall behind you."
~ Walt Whitman:*

sad truth

I am reminded of a joke:
What happens if a politi-
cian drowns in a river?
That is pollution.

DID YOU KNOW

Earlobes
have no
biological
purpose.

Surprising Sports Facts That You Never Would've Guessed



SPORTS

- The core of a golf ball is made of rubber.
- In many skating competitions, judges can deduct a point if they consider a skater's costume to be overly garish or provocative.
- Until 1913, Goalies did not wear different colored shirts from their teammates.
- John Stockton would still be the all-time assist leader even if he didn't play the last six seasons of his NBA career.

THE BEST IS YET TO COME



For 35 years, The Local News has celebrated Huntington Beach and Northwest Orange County by sharing the stories, people and moments that bring our community together. We have highlighted hometown heroes, successful students, dedicated volunteers, courageous first responders, local businesses and neighbors helping neighbors. Today, 75,000 opted-in subscribers connect with us through a foundation built on trust, loyalty and community pride. As the future unfolds, HBLocalNews.com will make local news more accessible than ever through dig-

ital editions, timely updates, engaging videos, valuable savings and stronger connections between residents and businesses. While the way people receive news continues to evolve, our mission remains the same: to inform, entertain, inspire and celebrate the community we proudly serve. After 35 remarkable years, The Local News is looking ahead with optimism and excitement. Huntington Beach and Northwest Orange County have countless stories still to tell—and we are honored to share them.

These crazy, ridiculous, and almost unbelievable statistics will make you question everything



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and only if needed ...the ammo box if the
ultimate Court House fails!”

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This space is created for all area
non-profit organizations to be listed as a
LIVE link to the following organizations...

ORGANIZATION NAME For Live Web Site Click below

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	Toyota of HB	15% off Parts & Service, • \$300 off New Car	18881 Beach Blvd	HB	888.433.1447
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	Yates X-Ray Company	FREE Digital Consultation Values at over\$250	9051 Mediterranean Dr	HB	714.599.0399
	Yoga Works	20% off 1st retail purchase and 2 wks of unlimited Yoga new students \$30	301 Main St	HB	714.960.9740
Newspaper & Media	The Local News	25% Off any size ad	5901 Warner Ave #429	HB	714.914.9797
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America’s Best Roast Beef Sandwiches

Cheapism/Lacey Muszynski
When you're in need of comfort food, classic roast beef sandwiches are a satisfying solution. While they appear all over the United States, there are plenty of regional variations and famous renditions worth exploring. In the

Midwest, pot-roast-style beef is served open-face on bread covered in gravy, and roast beef po'boys are popular on the Gulf Coast. From Baltimore pit beef to California tri-tip, here are some drool-worthy roast beef sandwiches lauded by critics and reviewers.



Jeff W./Yelp

The Greatest Breakfast Sandwich in Every State



Pinterest

Even Stevens Sandwiches Salt Lake City, Utah

During its first six months of operation, this caf  with a conscience donated more than 30,000 sandwiches to local people in need. Today, that number exceeds 1 million. Serial entrepreneur and Even Stevens founder Steve Down wanted to inject the local food scene with his pay-it-forward ethos. So, for every item sold at Even Stevens, a sandwich is donated to a local hungry person. Although it was hard to find investors willing to commit to the risky business model at first, the ever-growing throng of eager fans quickly convinced doubters. But enough about conscious capitalism. We  re here to talk about breakfast, and the Even Stevens  breakfast sandwich is the best in the area. This maple-glazed sammy comes with two eggs, cheddar and a choice of bacon, ham, sausage, pork belly or avocado on a sweet Hawaiian bun. (Get the pork belly.)

Ed Walker's Drive-In Fort Smith, Arkansas

What to order: French dip

Car-hopping since 1943, Ed Walker's Drive-In makes a mean French dip sandwich. You can either enjoy the retro diner decor inside, or flash your car lights outside for carhop service (they'll even bring beer to your car). The beef is slow roasted and so tender it falls apart, and it comes with a cup of au jus for dipping. If you'd rather have brown gravy than au jus, order the open-face hot beef sandwich and mashed potatoes.

Celebrity Chef Recipes

We've made 165 recipes from celebrity chefs to find the best ones. Here are the winners in each category.



Rachel Ray's mac and cheese in an oven.

The best macaroni and cheese took 30 minutes to make

Paige Bennett for Insider

- Business Insider put over 160 recipes from celebrity chefs to the test to find the tastiest winners.
- We've tried everything from breakfasts and dinners to desserts and specialty bread.
- Some winning recipes came from Guy Fieri, Ree Drummond, Carla Hall, Ina Garten, and more.

Business Insider put the best recipes from celebrity chefs head-to-head to find the most delicious salads, desserts, bread, beverages, and more. Here are some of the winners, from hearty breakfasts to refreshing cocktails.

Entr es

If you find yourself scratching your head for a meal plan or main course, look no further. We've tested baked potatoes, hamburgers, corn on the cob, roast chicken, and pasta to find the best options for your next dinner.

You can't go wrong with Rachael Ray's macaroni and cheese. Paige Bennett for Insider
Rachael Ray's recipe used affordable pantry staples like extra-virgin olive oil, butter, flour, milk, white cheddar, nutmeg, cayenne, salt, and elbow macaroni.
After shredding the cheese, Bennett made a roux and broiled the mixture for half an hour. It turned out gooey and slightly cheesy.
Read more about the winning recipe and full battle here: I made mac and cheese using 3 celebrity-chef recipes, and the best one was the easiest and cheapest to make.

CLICK HERE Watch video to see how to make this recipe!

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The Most Iconic Scenic Views in Every State



Kelly Verdeck | Flickr

From national parks to city skylines, you can find views that'll take your breath away in every corner of the U.S.

If you're planning a cross-country road trip or simply want to get the most out of a visit to a new state, we compiled a list of some of the more stunning views in each state.

So grab your best travel credit cards and enjoy these scenic spots with beautiful views, which are popular among locals and tourists alike and accessible to most visitors.

Georgia: Tallulah Gorge State Park

Tallulah Gorge is one of the state's most stunning natural wonders. Spanning about two miles long and nearly 1,000 feet deep, the gorge offers incredible views from several overlooks. For the adventurous, a permit allows you to hike down to the gorge floor.

Rare Historical Photos Reveal More Than Immediately Meets The Eye

A young Robert De Niro with his father Robert De Niro Sr

While we think of Robert De Niro as a regular Joe who channeled his New York upbringing into his acting, he was actually the son of a painter who steeped his boy in the arts. However, De Niro (jr) says that his father's failing painting career was disappointing for him, and that when he started succeeding in film it made his father proud. He told The Guardian:

When I started doing well in acting, I helped him. He was very proud of me. At the same time, part of him might have been saying, 'I wish I had some success too'. He always used to say to me 'great artists are recognized many, many years after they're gone.'



Robert De Niro with his father (1946)

Source: Pinterest

Vintage Photograph



Carving Eye On Mount Rushmore, 1930s

Biggest Boomtowns in Every State



Nicole S Glass / Shutterstock.com

GoBankingRates / JORDAN ROSENFELD

Boomtown. The word sounds like it's describing an explosion — and in a way, it is. Boomtowns are considered the fastest-growing cities in America due to rapid business and population growth. An example of such a place is Woodbridge, Virginia, which saw massive five- and eight-year percentage changes in population at 863.35% and 840.66%, respectively.

But Woodbridge isn't the only boomtown out there. GOBankingRates found one in every state by looking at the one-, five- and eight-year changes in population, occupied housing units and owner-occupied housing units of cities with a population of more than 25,000 but less than 500,000. Find out if you're living in one of America's most thriving cities, and see if your city makes the list.

Maryland: Laurel

Change in population:

1 year: 14.39%

5 years: 14.53%

8 years: 16.24%

Change in occupied housing units:

1 year: 14.50%

5 years: 14.61%

8 years: 16.51%

Change in owner-occupied housing units:

1 year: 16.85%

5 years: 2.92%

8 years: 0.85%

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Charles Hewlett of Seapointe Properties helped us sell our home during the spring of 2025. We could not have been happier with the service and care we received from Charles. He was extremely knowledgeable about the neighborhood and local market and made the whole process stress free. He guided us through each step of the process, making sure we understood all the details each step of the way.

Charles was extremely effective in helping us prepare the home for listing; he put us into contact with several contractors that were responsive, efficient, and charged a fair price. Charles also devised a sensible strategy for listing the house that led to a rapid sale. Finally, Charles found an excellent buyer and negotiated a good price for the home.

On a personal note, Charles is a kind and thoughtful individual who responds quickly to calls and questions and is eager to help whenever needed. He is highly professional and experienced, and the most helpful broker we have worked with.

We cannot recommend Charles Hewlett and Seapointe Properties highly enough.

During this uncertain time in the real estate market, we are very grateful for Charles's hard work and dedication. His professionalism, knowledge, and kindness made the whole experience a joy. He went above and beyond and exceeded our expectations.

Thank you!
Julianne and Erik Altenbernd

Wishing that I could help more nice folks like these. It always makes us feel good when I know I have done a good job for someone that needed my help selling or buying a home.

At Seapointe Properties we make every effort to ensure that our clients are always happy with the results of their real estate transaction. Repeat and word of mouth business is the primary part of our success. We love living in Orange County and feel blessed to have so many great friends to share gatherings and meals together.

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GAEL MONFILS WINS ON HIS 40TH BIRTHDAY AT THE US OPEN TO EXTEND HIS GRAND SLAM CAREER

BY BRIAN MAHONEY

NEW YORK (AP) — Gael Monfils stood in the middle of the court and bowed to the crowd that was treating the Frenchman to a roaring ovation on his 40th birthday.

The match was still a ways from ending. But after leaping in the air to smash a forehand winner — a daredevil shot that few outside one of tennis' ultimate showmen might even attempt — there was no reason to wait.

Monfils turned back the clock and pushed back the end of his Grand Slam career, beating Adolfo Daniel Vallejo 2-6, 6-1, 6-2, 6-0 on Tuesday night at the U.S. Open.

Monfils became the oldest man to win a U.S. Open match since Jimmy Connors — another guy who loved to put on a show in New York — defeated Jaime Oncins on Sept. 2, 1992, when he turned 40.

“That was definitely very special. To play the day of my 40th birthday is special. You guys made it, like, incredible,” Monfils said to the fans at Louis Armstrong Stadium, who then sang happy birthday to him.

Monfils is planning to retire after this year and is making a few more memories along the way at the tournament where he reached the 2016 semifinals. He began the event by teaming up with his wife,

Elina Svitolina, to reach the mixed doubles semifinals in their first time competing together.

Then, before the singles play began, he looked ahead toward his looming birthday.

“I hit my 40th birthday the day I play, so this is a big milestone for me, able to play at 40,” Monfils said. “I want to do, not good but really good, for where I am now.”

He did amazing.

He quickly began to outplay Vallejo after dropping the first set, then really poured it on to begin the fourth. It was 1-0 when he hit his leaping forehand winner, then raised his hand toward his ear and spun it to encourage cheers that were already well underway.

Monfils acknowledged the obvious: Jumping to hit the shot is more difficult than just hitting a regular forehand. But with a comfortable lead at the time, he thought it would provide “more happiness, more joy for me.”

“You know, I tried it. Lucky I put it in, but some-



how, I’m here to also enjoy myself. There’s not many, many times (left), and, you know, it was the right moment, so why not try it?”

Monfils, in his 18th U.S. Open appearance, earned his first Grand Slam win since the first round of Wimbledon in 2025. He advanced to face American Learner Tien, the No. 14 seed.

King Charles ‘Bracing for the Worst’ With New Princess Diana Book — Source



EVOLVE EDITORS

(Photo Credit: Tim Graham Photo Library via Getty Images)

King Charles is allegedly “bracing for the worst” as the release date of the upcoming Princess Diana book draws closer. The late Princess’s brother, Charles Spencer, will tell the unfiltered version of her story in his memoir, *Swan Song: Diana, My Sister*, scheduled for release on September 22.

King Charles put in an ‘unpredictable situation’ with new Princess Diana book, per source

Charles Spencer’s Princess Diana memoir reportedly puts King Charles III in an “unpredictable situation.” Almost three decades after the Princess’s passing, her brother is revealing never-before-heard details from her life leading up to her death in a tragic car accident in Paris on August 31, 1997.

A new report from *Woman’s Day* claimed that this book could rekindle the feud between the Earl and the King. “The King is indeed bracing for the worst in regard to Earl Spencer’s

book,” a royal insider said. “Everyone knows from [Harry’s book] *Spare* that there was a big argument during the week of Diana’s funeral over whether or not the boys should be expected to walk behind her coffin – Charlie thought it was a ‘barbarity.’”

The source continued, “This book is Charlie’s unfiltered version of events and the palace has no say over the content. For a King who values careful messaging, an emotionally charged memoir from his late wife’s brother puts him in an unpredictable situation.”

In the years since his sister’s passing, Earl Spencer has accused the royals of trying to cut ties with him and reduce contact between him and the princes, although Princess Diana’s will named him the legal guardian of her sons, Prince William and Prince Harry.

An insider has also claimed that Charles Spencer offered Prince Harry and Meghan Markle a residence in the UK. However, the couple refused. The source also divulged that “people are pointing the finger at his uncle” when it comes to the fact that the Duke of Sussex is able to afford his own house in the Cotswolds while also keeping their house in Montecito, California.

Originally reported by Ankita Shaw on *Reality Tea*.

The post King Charles ‘Bracing for the Worst’ With New Princess Diana Book Source appeared first on *Mandatory*.



Back to School: Learning About Water with OCWD



As students across Orange County settle into a new school year, it's a good time to ask a simple question: Where does our water come from? For many families in Fountain Valley, Huntington Beach and surrounding communities, a large portion of their water comes from the Orange County Groundwater Basin.

Managed by the Orange County Water District (OCWD), the basin is a vital local water supply that provides about 85% of the water used in north and central Orange County. OCWD offers students and educators several ways to learn more about this important resource, from school presentations and field trips to tours, educational events and career exploration.

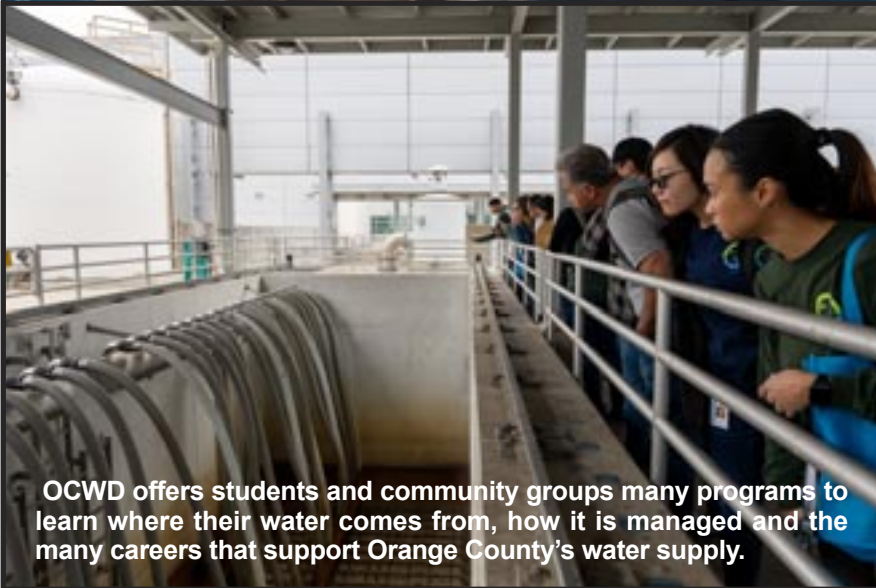
One of OCWD's largest educational programs is the Children's Water Education Festival, which brings thousands of third, fourth and fifth-grade students together each year for hands-on activities focused on water and the environment. Water professionals, educators and community organizations help students explore topics such as groundwater, water quality, and the water cycle in an engaging setting designed specifically for young learners.

OCWD also partners with Inside the Outdoors, an environmental education program administered by the Orange County Department of Education, to offer field trips that allow students to engage with water and environmental concepts in a real-world setting.

For older students, educators and community groups, tours of the Groundwater Replenishment System (GWRs) provide another opportunity to see local water management in action. Located in Fountain Val-

ley and operated in partnership by OCWD and the Orange County Sanitation District, the GWRs purifies wastewater that otherwise would be discharged to the ocean and produces up to 130 million gallons

of high-quality water each day. Tours provide a behind-the-scenes look at the treatment process and the people responsible for operating and maintaining this important local water source.



OCWD offers students and community groups many programs to learn where their water comes from, how it is managed and the many careers that support Orange County's water supply.

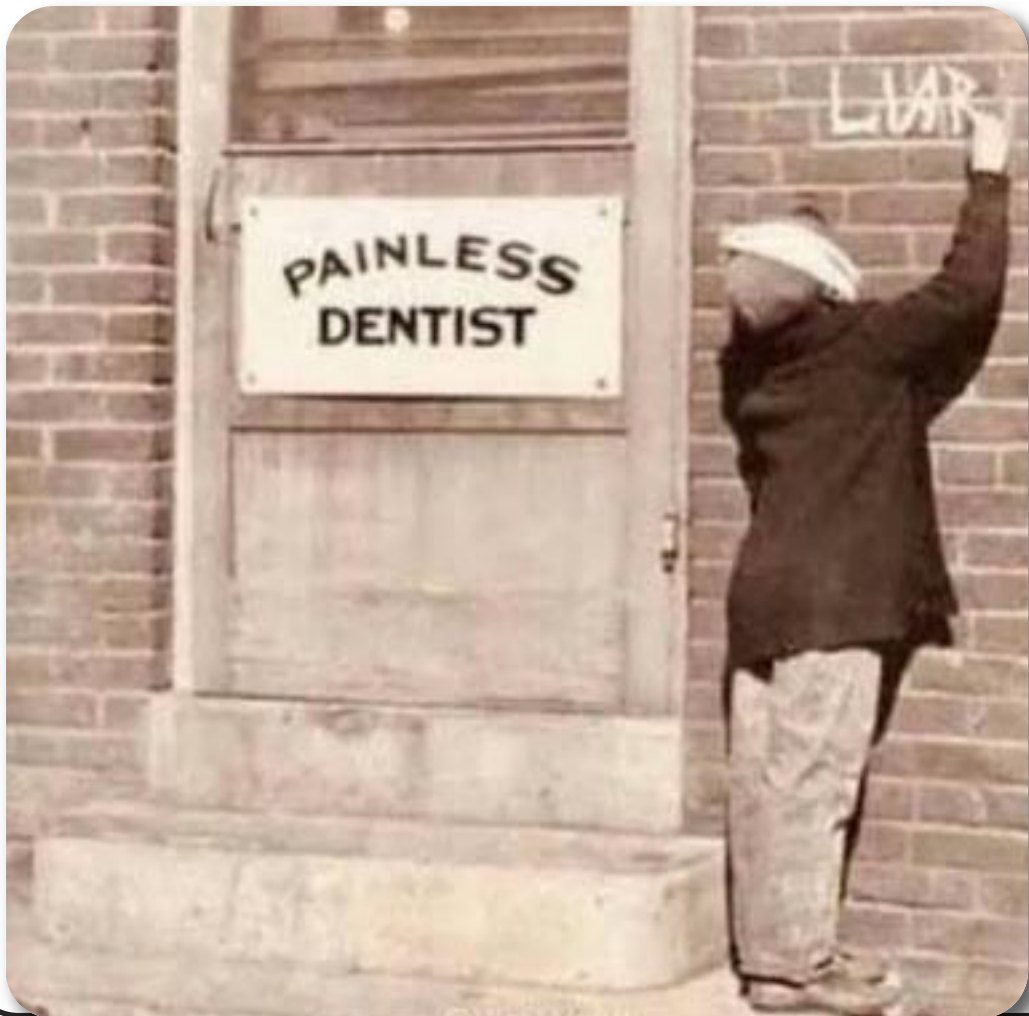
OCWD can also bring water education directly to schools and other audiences through career days, science nights, classroom presentations and webinars. Depending on the audience, presentations can focus on where Orange County's water comes from, how groundwater is managed and protected, how water is treated, or what it takes to operate a public water agency.

These opportunities also introduce students to the wide range of careers available in the water industry, from engineers and operators to professionals in finance, communications, information technology and other fields. Meeting people who work in these roles can help students see how their own interests and skills could eventually lead to a career in water.

Whether OCWD comes to a school or students participate in one of its programs, each experience can provide a better understanding of the water we use and rely on every day. Through these educational efforts, OCWD helps students, educators and families better understand Orange County's local water supply and the many people who help manage and protect it.

This Orange County Water District article was provided by Cathy Green, who represents Division 6 of the District. Division 6 includes Huntington Beach and parts of Fountain Valley. Contact Director Green at cgreen@ocwd.com.

Most Iconic Moments in History



A Very Upset Patient After Visiting The Dentist, 1920s

It's very easy to put up a sign that claims your dentistry won't hurt, but that doesn't make it so. In this photo from the 1920s, a young patient with a bandaged head scrawls a retort to the claim of "painless dentist:" LIAR. Who needs Yelp when you can voice your discontent using chalk?

This image brings to mind the story of Edgar R.R. "Painless" Parker, a famous street dentist. Parker provided dental services in the street (or perhaps on a sidewalk), usually to patients who couldn't afford dental care, and did so with the flair of a showman, on one occasion pulling 357 teeth in a single day (which he had made into a necklace). When Parker was accused of breaking the law against false advertisements, due to his use of the word "painless," he legally changed his name to Painless Parker.

Source: Reddit

On the Vine or Nearby

Liquor.com/

Audrey Morgan

Published March 20, 2023

Whether savored neat or mixed into an Old Fashioned or Mint Julep, bourbon may be the spirit most often associated with the United States. Designated “America’s Native Spirit” by a 1964 Congressional resolution, bourbon is nearly as old as the U.S. itself, with origins that date to the American Revolution, and likely further. The primarily corn-based whiskey has since become the stuff of songs, legends, and plenty of cocktails.

From common terminology like single-barrel and sour mash to designations like bottled-in-bond and small batch, here are the answers to some of your most commonly asked questions about bourbon.

What Defines Bourbon?

Bourbon is a type of primarily corn-based whiskey that is made in the United States and aged in new charred-oak barrels. Although it legally must contain 51% corn in the mash (or total makeup of grains), most bourbons are often made with anywhere from 60–86% corn. The other grains in a bourbon can vary, but may include rye, wheat, or barley. There are no regulations as to how long bourbon must age, but to be labeled straight bourbon it must age for at least two years in new charred oak.

Official Bourbon Requirements

Made with at least 51% corn in the mash bill

Aged in charred new oak barrels

Made in the United States

Distilled to a maximum of 160 proof (80% ABV)

Barreled at a maximum of 125 proof (62.5% ABV)

Bottled at a minimum of 80 proof (40% ABV) and a maximum of 150 proof (75% ABV)

No flavorings or colorings may be added

What’s the Difference Between Bourbon and Other Types of Whiskey?

Bourbon is a subcategory of whiskey, which is a catch-all term for a spirit that is distilled from a fermented grain mash, often stored in barrels before bottling. Bourbon legally must be distilled with a minimum of 51% corn. Whiskey can be made anywhere in the world, whereas bourbon is only produced in the United States. Compared to other types of whiskey, bourbon typically shows a sweeter profile, with notes of caramel and vanilla. The charred oak in which it ages has compounds like vanillins, lactones, and tannins, which are imparted into the liquid, giving bourbon its characteristic profile and color.

Bourbon usually has a heavier body and a sweeter, less spicy profile than rye whiskey (which also must be made in new charred oak barrels, but with at least 51% rye content, rather than corn). It is very similar to Tennessee whiskey, which also must be made from a mash bill that

contains 51% corn and aged in new charred oak barrels. However, Tennessee whiskey must be made in Tennessee and typically undergoes a charcoal filtering process before maturation that produces a slightly mellower profile.

Bourbon vs. Tennessee Whiskey: The Main Differences

How Is Bourbon Made?

While there are some variations in individual producers’ styles and distillation techniques, most bourbon follows a similar process.

1. A master distiller determines the bourbon’s mash bill, or recipe that details the proportion of grains to be used. These grains are milled and then combined with water, before being heated. As the mash cooks, enzymes convert the grain’s starches into fermentable sugars. After cooling, yeast is added to kickstart fermentation.

2. Distillers store the mash in a vat from one to two weeks and allow it to fully ferment, which creates ethanol, or alcohol. Notably, unlike other global styles of whiskey, the entire mash is fermented—grain solids included—rather than the liquids being siphoned off beforehand. Another signature is the sour mash, a common practice in which a small portion of residual grain material from an older batch of bourbon is included in the new bourbon mash’s fermentation, along with additional yeast.

3. The mash is then transferred to a still. While some whiskey producers will strain off solids and only use the resulting liquid, called distiller’s beer or wash, others distill the mash on-grain.

4. Distillation occurs. Most bourbon is distilled twice, first in a column still (or Kentucky-style beer still), then in a copper pot still. Once it reaches 80–125 proof, distillers place the spirit in new charred oak barrels for aging (at least two years for straight bourbon, at least four years for bottled-in-bond bourbon, and often longer).

5. Distillers may dilute the product with water before and/or after distillation to reach their desired strength.

6. The final bourbon whiskey is bottled.

Where Is Bourbon Made? (Hint: It’s Not Just Kentucky)

Upwards of 95% of bourbon is made in the U.S. state of Kentucky, but it can technically be made anywhere in the U.S. (including Puerto Rico). This was stated in a 1964 U.S. Congressional resolution that declared bourbon a “distinctive product of the United States,” as well as current regulations from the Alcohol and Tobacco Tax and Trade

Bureau (TTB) that simply define bourbon as a U.S. product but do not specify a required state of origin.

Bourbon History

In the late 18th century, immigrants from countries including Scotland, Ireland, France, and Germany increasingly relocated to the U.S., bringing with them distilling techniques that they applied to native North American agricultural products like rye and corn.

Whiskey became particularly popular after the American Revolution, as decreased sugar and molasses imports from Britain throttled rum production. The whiskey industry thrived in Kentucky for a multitude of reasons. Slave labor in the state factored heavily into spirits production, while the state’s network of waterways, like the Kentucky, Mississippi, Ohio, and Tennessee Rivers fueled distribution. Kentucky’s fertile soil was also conducive to growing corn, while a climate that included hot summers and cool winters proved well-suited to the barrel-aging process.

Although the origins of bourbon as we know it today are largely unknown, Kentucky producer Dr. James C. Crow has been loosely credited with introducing the sour mash technique in the 19th century, in which a small portion of older mash is added to a new mash to help prevent bacterial spoilage.

Whatever the true origins, the term “bourbon” began appearing in newspaper advertisements by the 1820s. Throughout the next century, legislation like the Bottled in Bond Act of 1897 and orders like the Taft Decision of 1909 helped to codify bourbon regulations and vernacular. Although Prohibition and World War II presented setbacks, the Kentucky bourbon industry rebounded, and by 1963 bourbon was the top-selling spirit in the United States. In 1964, Congress declared bourbon a “distinctive product of the United States,” limiting its production to the U.S.

Common Bourbon Designations

Bourbon has several sub-classifications, which denote the style and processes used to create it. Here are some of the more common designations you’re likely to find listed on a bottle.

Bottled-in-bond

Bottled-in-bond originated as a consumer protection law in 1897, when Congress passed the Bottled in Bond Act to sideline producers who were adulterating their product. The designation denotes a spirit made under particularly stringent regulations. These rules stipulate that the product must be crafted by one distiller at one distillery during a single season, bottled at exactly 100 proof (50% ABV), and aged in a federally bonded warehouse for at least four years. The bottled-in-bond label has become more popular in recent years, particularly with higher-proof bourbon coming back into fashion.

Continued on pg 14



Liquor.com / Laura Sant



On the Vine or Nearby



WHAT IS BOURBON? A GUIDE TO AMERICA'S ORIGINAL WHISKEY EVERYTHING YOU NEED TO KNOW ABOUT THE UNITED STATES' GREATEST CONTRIBUTION TO SPIRITS.

Continued from pg 13

Straight Bourbon

Straight bourbon must be aged for at least two years in charred new oak. An age statement is required if the liquid ages for fewer than four years. Straight bourbon may include blends of two or more bourbons, provided they are produced in the same state.

High rye

Most bourbons rely on rye as the secondary grain, but high-rye bourbons have a particularly high proportion of rye in the mash bill. Though there are no legal standards for a bourbon to be classified as high rye, offerings with this label will generally have a slightly spicier profile, though not as much as rye whiskey.

Single barrel

These bourbons have been bottled from a single cask, which has not been blended (or vatted) with whiskey from other barrels. Though often highly sought after by aficionados, these offerings will have a less consistent profile than non-single-barrel options.

Small batch

This bottling is made by combining the liquids from a small number of selected barrels, ensuring consistency across bottlings. However, the term is largely unregulated, meaning the actual number of barrels from which the whiskey is sourced could range from single digits to thousands.

Wheated, or wheater

Wheated bourbon is made with a mash bill that contains a higher-than-normal proportion of wheat. The mouthfeel is often described as soft, rounded, and creamy.

Bourbon Glossary

The full range of bourbon, whiskey, and distilling terms can be staggering. Consider the glossary below a starting point to understanding some of the terminology used to describe the spirit, as well as various aspects surrounding its production.

ABV

ABV, or alcohol by volume, is a measure of how much alcohol, or ethanol, is contained in a liquid. Bourbon must contain a minimum of 40% alcohol by volume (80 proof). In the U.S., a bottle's proof is simply twice the stated ABV number.

Aging

Bourbon is aged in new charred oak barrels after it is distilled. Bourbon generally does not have a legal requirement for length of aging, but those labeled straight bourbon must be aged for at least two years.

Age statement

An age statement tells how long the whiskey has aged in a barrel. An age statement is only required for bourbon if it has aged for less than four years. In the case of blends, a bourbon's age statement must state the age of the youngest whiskey included in the blend.

Angel's share

Angel's share is the distillate that evaporates through the wood from the cask during maturation. As the whiskey matures, the angel's share decreases. Although the amount allowed is not codified, Kentucky bourbon typically has a higher angel's share than Scotch whisky.

Barrel-entry proof

This refers to the proof of the bourbon when it enters the barrel, which can be up to 125 proof (62.5% ABV). Bourbon may be distilled at a maximum of 160 proof, after which distillers will "proof it down" with water

before it goes into the barrel.

Batching/Mingling

Batching refers to combining whiskey from different casks to ensure a consistent flavor profile across barrels.

Beer still

A beer still, also known as a column still, includes linked chambers separated by perforated plates. Most bourbon is distilled twice, first in the beer still, then a second time in a copper pot still.

Cask finishing

Whiskeys are often transferred from one cask to another for a secondary, shorter period of maturation. For example, a bourbon may be matured in new American oak but finished in a cask that formerly held oloroso sherry or rum to impart additional flavors.

Cask strength

Cask strength refers to a spirit that has not been diluted with any additional water after going into the barrel. Cask-strength bourbon will generally have an ABV between 60 and 65%.

Charring

All bourbon is aged in charred oak. Charring refers to exposing the interior of barrels to open flames. The amount of time that the oak is seared will determine its char, or toast, level. The wood may be exposed from 40–60 seconds to as long as three minutes. As barrels char, the wood sugars become caramelized, producing compounds like vanillins, lactones, and tannins that influence the profile of the whiskey stored within it.

Cooper/Cooperage

A cooper is a person who makes wooden casks, barrels, vats, and similar vessels from staved timber. Cooperage refers to the trade, or the facility in which the cooper makes their barrels.

Distiller's beer

Also known as the wash, the distiller's beer is the fermented liquid that goes into a still.

Distillation

While fermentation creates low levels of alcohol from a sugar-rich liquid base, distillation is the process in which this alcohol is removed and consolidated into a stronger spirit. Using single batch pot stills or continuous column stills, distillers heat the wash to the point at which the alcohol converts to vapor, separating itself from the other ingredients in the still. This vapor rises to the top of the still, before being condensed back into a higher-proof liquid form, creating the distilled spirit.

Distillation proof

This refers to the strength of bourbon when it comes out of the still, which can be up to 160 proof (80% ABV). It is often "proofed down" with water before being transferred to barrels.

Doubler/Thumper

Also known as a pot still, a doubler or thumper is used for the second distillation of whiskey. Its name comes from the distinct sound that heated steam creates in the still.

Expression

An expression is a different version of whiskey from the same producer. Variations could include the age, distillation process, or barrel type.

Malting

Malting refers to germinating sprouted grains, such as barley, before stopping the process by drying the grains and adding them to the mash bill. This helps convert starches to sugars and enzymes that contribute to the fermentation process.

Mash

The mash is a slurry made from the unfermented grains and water, used to create a whiskey.

Mash bill

A mash bill is the recipe for the composition of grains in a whiskey. In the case of bourbon, the mash bill must contain at least 51% corn.

Pot still

Most bourbon is twice-distilled. Typically, the spirit undergoes its second distillation in a single-batch copper pot still, also known as a doubler or thumper.

Proof

Proof is a statement of the measure of ethanol, or alcohol content, in a beverage. In the U.S., it is twice the numerical value of the alcohol-by-volume, or ABV. Bourbon must be bottled at no less than 80 proof (40% ABV).

Rackhouse/Rickhouse

A rackhouse is a warehouse where barrels of whiskey are stored.

Sour mash/Setback

Sour mash is a small portion of used, older mash that is added to a new bourbon mash, helping to ensure consistency across batches and lowering the pH of the new mash.

Sweet mash

Although still relatively uncommon, sweet mash is a term denoting a bourbon made in absence of the sour mash step. Distilleries will instead only use fresh ingredients and yeast to create the mash, highlighting the natural grain flavors more but running a higher risk of bacterial contamination issues.

Uncut

Uncut bourbon, also known as barrel-proof, is not filtered with water before bottling.

Unfiltered

Bourbon is usually chill-filtered when it comes out of the barrel to remove any sediment. Unfiltered whiskey, on the other hand, is not chill-filtered. Advocates say this helps to preserve flavors that are sometimes stripped in the filtering process.

Wash/Wort

Also known as the distiller's beer, wash or wort is the fermented liquid that goes into a still.

Washback

A washback is the container in which the distiller's beer, a beer-like liquid formed from a mixture of wort and sour mash, is created. It is typically made of sturdy materials like wood or stainless steel.

White dog

White dog, sometimes called white whiskey, is the raw, clear, and unaged whiskey distillate that comes out of a still and has spent no time aging in a barrel after distillation.



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BMW 2002

It's not an exaggeration to say that the entire BMW brand is built on this simple but delightful two-door sedan with an engine that is just a little bigger than it needs to be. Far from being the first sports sedan – heck, it's not even the first BMW sports sedan – the 2002 had that magic combination of speed, flickability, and upscale appeal, making it one of the most iconic cars of the 1960s. Mercedes is famous for the S-Class, and Porsche for the 911, but BMW enthusiasts tend to get most excited about slightly overpowered, upright-looking two-doors. Blame that on the BMW 2002.

CELL PHONE USE BEFORE CRASHES MUCH
HIGHER THAN PREVIOUSLY THOUGHT

Hang up and drive, IIHS survey shows.

BY MARK VAUGHN / ROUTE-SECURITE
The adage “Hang up and Drive” rings true.

A new survey reported by the Insurance Institute for Highway Safety (IIHS) says the use of cell phones just before crashes is much higher than previously thought. And it could be even higher than that because the data relied on drivers who had voluntarily signed up for the study.

“A new study from the Insurance Institute for Highway Safety that draws on telematics data confirms that far more drivers are using cellphones in the lead-up to crashes than is reflected in police reports,” IIHS said.

The data come from safe-driving apps that drivers voluntarily enroll in. It shows that cellphone use prior to crashes is undercounted in police reports by a factor of at least 7, meaning the number may be seven times higher than reported.

“It’s widely accepted that police reports often fail to capture the role of cellphones in crashes. Many smartphone functions are hard for a witness to see, and drivers are reluctant to admit being distracted,” IIHS President David Harkey said. “Telematics are allowing us to understand the true magnitude of the problem.”

IIHS researchers examined anonymized cellphone data from Cambridge Mobile Telematics (CMT) for the study. (CMT is the world’s largest telematics and AI company for safer mobility, the company says.)

Individual drivers were not identified, just their cell phone use while driving. They found that drivers enrolled in safe-driving programs that rely on the CMT platform were using their cellphones in the 30 seconds prior to impact in 7 percent of single-vehicle crashes and 8 percent of two-vehicle crashes. Police reports for the same crashes, meanwhile, recorded cellphone use in less than 1 percent, IIHS said.

“Those numbers include drivers whose screens were unlocked for any reason, including navigation,” the study said. “However, telematics data show the problem of

undercounting is nearly as severe when only physical manipulation of the phone and hand-held and hands-free calls are considered.”

It’s not just cell phones that are the problem, IIHS noted.

“Anything that takes the driver’s focus away from driving—including eating, talking, or even daydreaming—increases crash risk. But the risk is more severe for more complex tasks that take the driver’s eyes away from the road. Looking away from the road for just two seconds doubles the risk of a crash or near-crash event.”

Things are getting worse, not better, when you consider that gaming and social media apps offer new temptations for bored drivers who think they can get away with being distracted from the task at hand, i.e. driving.

“The apps may be new, but the danger isn’t,” IIHS Research Scientist Aimee Cox, the study’s lead author, said. “Any phone use that takes a driver’s eyes off the road can increase crash risk.”

In many jurisdictions across the country, the laws have yet to catch up. Only 21 states prohibit drivers from holding phones, IIHS said.

That data looked at nearly 17,000 linked crashes to determine when and how the drivers used their phones. To monitor distraction, the company tracked hand-held calls, hands-free calls, and manipulation or handling of the device. It also logged the use of Google Maps or YouTube, though that data was not used in the study, suggesting cell phone use could be higher still.

Even navigation apps can increase crash risk if drivers are looking away from the road ahead for too long, according to a separate US Department of Transportation study that tracked drivers during their everyday trips. Many of the longest glances away from the road before crashes and near crashes were directed toward the center stack, a common location for cellphone mounts, according to the DOT study.

The upshot? Hang up and drive!



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OR MAYBE SHOULD NOT
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The food market continues to expand at an accelerated rate, with manufacturers and brands adding new products every day. Business is booming, with grocery store sales having more than doubled in the last 30 years in the US alone.

Consumers love to consume products that are tasty and cost-effective, but have we ever stopped to look behind the veil and investigate exactly what's in our foods? From beaver butt secretion to sheep sebum in our chewing gum, there's a lot out there that you won't find advertised at Walmart.

Donuts
Company: Various
Market Share: \$8.9 billion by 2023*

Ingredient: Carnauba wax

Everyone loves a happy, round donut, don't they? Whether you're into a jelly one, like them more exciting, or just love a bear claw, there's something for everyone. Have you ever wondered how donuts get their lovely, glossy finish?

©Fascinadora / Shutterstock.com

It's not true for all companies, but some use something called carnauba wax. It might sound harmless, but it's the same ingredient that's used in shoe polish, cosmetics, and even floor cleaner. It's supposedly safe to consume, but it's still a little bit off-putting, isn't it? Next time, we'll go for plain.

Coffee Creamer
Company: Coffee-Mate
Market Share: \$2.884 billion*
Ingredient: Oil

There's a lot to be said for black coffee and a no-nonsense cup of java. If you take your coffee white and typically use creamer, then that's okay too – depending on what type of creamer you use. Some non-dairy creamers are actually a little bit...interesting.

©ThamKC / Shutterstock.com

Liquid Coffee-Mate uses water, syrup solids, and soybean oil to achieve the same consistency as milk. So, in short, it's not really creaming your coffee at all, it's just

giving it a hearty dose of oil which is what makes it taste so smooth. You wouldn't find that on the menu at Starbucks.

Cereal
Company: Various
Market Share: \$95.9 billion by 2030*

Ingredient: BHT

Preservatives are common in food, we all know that. That's how companies are able to make such huge quantities of food and ship them across the world. That doesn't mean we expect the food to have weird ingredients that are questionable, though.

©ANTHONY PAZ / Shutterstock.com

In 2015, General Mills opted to remove an antioxidant ingredient, BHT, from its products when there were claims about the safety of the synthetic substance. Just like TBHQ, BHT is a substance typically used to stop frying oil from going bad. Who wants to wake up to a bowl of that?

Oregano
Company: Various
Market Share: \$17.6 billion by 2029*

Ingredient: Aphids and spider mites

Oregano can add some much-needed flavor to a meal, but if you pick it straight from the garden you might want to make sure you thoroughly wash it... then wash it again. You might love oregano, but so do aphids and spider mites.

©HandmadePictures / Shutterstock.com

Those little guys can't get enough of the green stuff, so just make sure you don't have any lingering on your leaves when you chop them up to garnish your next dish. You don't want to serve up something with a side of insects, no matter how much you don't like the person you're giving it to.

Quinn Simple Scenes -
Scenes -
First Dates

By Rix Quinn

A young neighbor just asked me if I remembered dating.

I have been married for years, but I recall the excitement of first dates. I had many of them, because few ladies went out with me a second time.

I suggested choosing a good dinner location, something many ladies appreciate. Several fine restaurants require a reservation, and few offer a drive-through window.

My young friend's date will probably dress nicely. I suggested that my friend wear a nice shirt and slacks, not a tee-shirt with a tie painted on it.

"When you pick up your date," I told him, "remember your manners. Open the car door for her. Compliment her dress. If she accidentally burps, do not say 'Good one!'"

"At dinner, the server will hand you a menu that might be printed in an elegant type. This makes every word look fancy. I once ordered two servings of gratuity.

"Ask the server to recommend his favorite entrée," I continued. "When he describes it, don't ask 'Is it canned?'"

On special occasions, some people order wine. White wine goes with seafood or poultry. Red wine blends with cheese, meat, and nuts.

I once got in trouble asking for a "wine that comes in my school colors."

I also reminded my friend that after a high-priced dessert (often something the waiter prepares at your table), he will be presented the check. If it's more than his apartment rent, I guess he could ask for a monthly payment plan.

Final suggestion: don't ask the lady to leave the tip.

I tried that once, and my date replied, "Here's a tip. Don't call me again."



wikiHow

Most Beautiful Female Billionaires

It takes one several years of hard work in business to become a billionaire. Some of the young women presented in this list were lucky to have inherited billions of dollars while others have accumulated their multi-billion wealth from businesses. Interestingly, some of these women are still young in their early twenties and yet they have a personal net worth higher than budgets of some developing countries. The cash that they possess is enough for them to do whatever they want and more despite being born into very rich families.



Diane Hendricks - Cofounder, ABC Supply
\$21.7B Real Time Net Worth as of 9/2/26
#126 in the world today

KELLY HUBERT

Diane Hendricks owns and chairs ABC Supply, one of the largest wholesale distributors of roofing, siding and windows in the U.S. Hendricks cofounded the business with her late husband, Ken, in Beloit, Wisconsin, in 1982. She has chaired it since his death in 2007. She led ABC to make the two biggest acquisitions in its history, buying rival Bradco in 2010 and building materials distributor L&W Supply in 2016. The company has over 900 branch locations and had \$20.2 billion in 2025 revenues. Hendricks sold custom homes for a builder before meeting Ken, a roofer. She has spent millions on local economic development, rebuilding entire blocks in Beloit and bringing in several new businesses to the state.



The American Companies That Aren't Actually American Anymore

By Kate Prince/Business

Many brilliant companies – from Apple to Starbucks – have been founded in the United States, starting out as small ventures to become international leaders in their fields. However, the world of business isn't always as straightforward as it looks. Regardless of how well-rooted a company's American history is, it doesn't mean that it will always belong to Uncle Sam.

In fact, many quintessentially American brands are no longer American-owned at all. From Ben and Jerry's to IBM and Holiday Inn, overseas investors have played a big part in keeping these companies moving forward. Without them stepping in, some of them may have ceased to exist altogether.

Craftsman
Original Headquarters: New Britain, CT

Purchased By: Sears
Country: China, Taiwan
Craftsman tools can be found in stores like Lowe's, Sears, Home Depot, Walmart, and pretty much anywhere that home improvement products are located. Craftsman has factories in America, but it also has outsourced some of its manufacturing to Taiwan and China. Sears, its parent company, made that call.

Sockets, wrenches, and ratchets are now made in Taiwan and China by Apex Tool Group, which contracts with Craftsman. Western Forge, another tool production company, has a contract with Craftsman as well. Western Forge makes its tools in America. So, overall, the production of the tools is split between the two continents.

@craftsman / Twitter.com



Samsonite
Original Headquarters: Mansfield, MA
Purchased By: CVC Capital Partners
Country: China, Hungary, India

Samsonite is a luggage company that has been around since 1910. It was founded in Denver, Colorado by Jesse Shwayder. It stayed out West for 91 years before ownership changes moved it across the country. Now, Samsonite is headquartered in Mansfield, Massachusetts. Samsonite makes most of its luggage in Asia and Eu-

rope. It has plants in Hungary, China, and India. Samsonite's plant in Nashik, India makes about 40% of all of its hard luggage. The company is very popular in China, not just for manufacturing, but for sales. It sells two-thirds of all products in China, via contract-manufacturers in Shanghai.

©goran cakmazovic / shutterstck.com



Black & Decker
Original Headquarters: New Britain, CT
Purchased By: Sears
Country: China

Black & Decker is a corporation that makes all types of home improvement tools and products. It was founded and is headquartered in Maryland, where it has remained for more than a century. The company reports revenue of \$11.41 billion. The company splits its manufacturing between America and China.

It has thirty factories in America, with locations in Missouri, Connecticut, South Carolina, and North Carolina. The majority of its manufacturing takes place in China. There are also a few plants in Europe. The company employs 16,600 American workers, and it has employed thousands of Americans, according to its website, "for 175 years."

©digitalreflections / Shutterstock.com

Arrow Shirts
Original Headquarters: Leominster, Massachusetts
Purchased By: PVC
Country: Multinational

Arrow Shirts is a well-known apparel brand that has expanded from a small Massachusetts operation into a multinational company, licensing countries in Europe and Asia to sell its brand-name shirts. Arrow is especially popular in India, and the extra revenue has helped the business grow immensely in a short period of time.

Arrow is owned by Phillips-Van Heusen Corporation. Though you might not know PVH Corp., you'll definitely recognize the brand names it owns, such as Calvin Klein, Tommy Hilfiger, IZD, True & Co., Olga, Geoffrey Beene, and Van Heusen. PVH has thousands of employees and factories across the world.

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FAMOUS MURDERS THAT REMAIN UNSOLVED

By Thomm Quackenbush

Despite what television would have you believe, not every murder is solved in under an hour. No matter how much effort police put into the cases at the time and amateur sleuths do afterward, some murders will never be solved.

That's not to say that all unsolved murders are created equal. For some, almost everything about the case is unknown: the culprit, the victim's identity, the method, the motive. On occasion, the best the police can tell the public is that someone was definitely killed, but anything after that is nebulous. With other cases, everyone knows who did it, but they managed to get acquitted or gave the police an alibi. In still others, the only reason that witnesses aren't pointing fingers at the culprit is that these fingers will be immediately cut off — along with their heads.

However, for what little good it did for the victims, sometimes being unable to solve a murder drives those left behind to improve the world so that no one else has to suffer the same fate.

Emile L'Angelier



It's usually the killers — or the accused killers — that capture the imagination and attention of the public, and that's exactly what happened with Emile L'Angelier and Madeline Smith.

The affair started in 1855, with a very literal affair. Letters revealed there was something going on between them that was unthinkable in Victorian society, and when Smith became interested in a gentleman who was a match her family would approve of, it seems L'Angelier made at least some attempts at blackmailing her. He later wrote in a diary that he became sick after seeing her, and he suspected he was being poisoned. The Scotsman quoted him as telling a mutual acquaintance, "If she were to poison me, I would forgive her." He didn't get the chance to forgive, and died on March 23, 1857.

Smith went on trial, not surprisingly, and according to the BBC, she testified as though she was "a belle entering a ballroom," and she explained away her recent purchases of arsenic by claiming she didn't use it as poison, but as a face wash. If there's anything good to be said about the insane beauty routines of the Victorian era, it's that they're a handy murder defense. She was found not guilty and released, while the case of L'Angelier's death was never satisfactorily resolved.

20 Slow Cooker Recipes for Sundays After Church

Southern Living / MARY ALICE RUSSELL

Comforting and dependable. These are two words that can be used to describe your grandfather or other treasured family member in your life, but these words can also be used to describe a meal-time staple: ground beef. These recipes, nostalgic as well as filling, are like a walk down memory lane with every bite. We've pulled together ground beef recipes that are bound to be family favorites.

CLICK HERE FOR RECIPE

Million Dollar Spaghetti

Credit: Caitlin Bense; Food Stylist: Torie Cox

Who can resist a dish that has this kind of name? If you love spaghetti, casserole, and layers of meat and cheese, then this is the recipe for you.



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JETBLUE JUST REVEALED ITS FIRST-CLASS SEATS. TAKE A LOOK

NATHAN DILLER, USA TODAY

Domestic first class is coming to JetBlue flights, and the airline revealed details about the new seating option this week.

BlueFirst will feature a range of perks, from plush seats made with Tuft & Needle's T&N Flex foam to seatback screens measuring over 13 inches that are part entertainment system, part interactive menu.

BlueFirst will feature plush seats.

"Domestic first class has become easy to predict. We think it's time for a fresh take," JetBlue CEO Joanna Geraghty said in a Sept. 1 news release. "Customers are increasingly looking for more premium experiences, and BlueFirst gives them an elevated experience that feels distinctly JetBlue, with thoughtful touches, caring service and great value. It's another way we're bringing our JetForward strategy to life and giving customers more reasons to choose JetBlue."

Here's what travelers can expect.

What will JetBlue's domestic first class be like?

Passengers who book BlueFirst tickets will board in Group 1, but their priority access begins even earlier, with an expedited security lane available at over 30 airports. Once on board, they can settle in to seats – arranged two-by-two – that recline up to five inches and "offer up to seven inches of additional legroom," according to the release.

There will be 12 each on the carrier's Airbus A220 and A320 planes, and 16 on its A321 aircraft.

BlueFirst's seatback screens will be part entertainment system, part interactive menu.

Passengers can connect their own wireless headphones to their seatback screens via Bluetooth, and a "Mixologist Mode" also lets customers play bartender by picking a spirit, mixer and flavorings that crew members will put together in a custom cocktail.

Customers can also choose meals and other products from their screen. The airline will serve cuisine dubbed FirstFare in bento-style boxes.

The seats will be arranged in a two-by-two formation.

"On flights 899 miles or longer, each FirstFare selection brings together an entrée, side and dessert," the release said. "Customers can choose from options like sweet or savory crepes or sesame noodles with beef or tofu, to name a few, for a flavorful meal designed to delight."

Passengers will also receive a rotating selection of snacks from Cape Cod Chips, Wholesome Bakery and more. A "snooze kit" and blanket will be distributed on overnight trips, and every seat will have USB-A, USB-C and 110VAC power.

The seating option will open for booking this fall, with additional specifics on availability and initial routes coming "later this year," JetBlue said. The news comes after the airline announced a new fare structure in July with four seating types.

In addition to BlueFirst, those include Main, its re-named "signature onboard experience"; the premium economy EvenMore; and Mint, a premium lie-flat seating option.

This story was updated to refresh headlines.

Nathan Diller is a consumer travel reporter for USA TODAY based in Nashville. You can reach him at ndiller@usatoday.com.

This article originally appeared on USA TODAY: Jet-Blue just revealed its first-class seats. Take a look

ENTERTAIN IN STYLE

Make Breakfast More Manageable

(Family Features)

Mornings for many families involve hurried breakfasts and mad dashes out the door. These Egg Tot Muffins can help take that grab-and-go breakfast to the next level. High in protein and

flavor, they are a good way to get rid of early morning brain fog. Plus, you can make them ahead of time so all you have to do is pop them in the microwave and enjoy on the go. Find more morning meal inspiration at Culinary.net.



PLEASE CLICK HERE
TO VIEW RECIPE

Egg Tot Muffins

Recipe courtesy of "Cookin' Savvy"
Servings: 12

INGREDIENTS

Butter
36 thawed tater tots
10 eggs
1/2 cup heavy whipping cream or half-and-half
1/2 cup shredded cheese
2 teaspoons garlic powder
2 teaspoons onion powder
1 package (2 1/2 ounces) real bacon pieces

salt, to taste
pepper, to taste

DIRECTIONS

Heat oven to 350 F.
Grease muffin tin with butter. Place three tots in each muffin hole and smash down.
In bowl, whisk eggs, cream, cheese, garlic powder, onion powder and bacon pieces. Season with salt and pepper, to taste. Fill each muffin hole completely with mixture.
Place cookie sheet under muffin tin to contain messes and bake 20-25 minutes.



LAST CALL: These Chain Stores Are Closed Locations in 2023

The retail sector can often be fickle, even when the company is loved and established. Some of the titans in the industry have faced tough times in recent years, with even the seemingly infallible ones shuttering locations for good.

From Aldi to Costco, Walmart, and even designer stores, it looks like no one is safe. Business status can change on a dime, but let's see which household names are closing the doors for good in 2023. Will your local store be next – or has it managed to escape the retail apocalypse?

Muji
Year Established: 1980
Store Closures: 7 Branches*

Muji was founded in 1980, and it is headquartered in Tokyo, Japan. There's a good chance that, if you don't live in California, you haven't heard of Muji. When Muji came to the States, it headed to California first to try its luck. Unfortunately, the brand didn't survive there.

Muji USA Ltd. announced in July of 2020 that it would be closing all of its seven locations permanently. It declared bankruptcy under Chapter 11, and it announced that it needed to do some serious restructuring, meaning that the in-person stores would have to be the first to go. The Japan-themed store closures are slated for L.A., Santa Anita, San Jose, Stanford, San Francisco, and Santa Monica.

©Lewis Tse Pui Lung / Shutterstock.com

Rent The Runway
Year Established: 2009
Store Closures: 5 Branches*

Rent the Runway is yet another clothing store that found it was more profitable to focus on its online business than its foot traffic. In August of 2020, the subscription-based startup announced that it would be shutting down its stores in Washington D.C., San Francisco, Chicago, L.A., and New York City.

Rent the Runway, which was founded more than a decade ago, said it wouldn't reopen any of the five stores, but

would instead focus on its online investments and drop-box network. The NYC store would be converted into a drop-off site, where customers could drop off items when they were done renting them.

@prosyscomtech / Pinterest.com

Kay Jewelers
Year Established: 1916
Store Closures: 400 Branches (Total from Signet)*

Like a lot of stores on this list, Kay Jewelers is a victim of its parent company's financial decisions. Signet Jewelers operates nearly 3,200 stores globally under the Kay Jewelers, Jared, Piercing Pagoda, and Zales brands. Signet announced that it was planning to shut down 150 of its stores by the end of 2021.

This came on the heels of an announcement that it would be closing 400 stores in June of 2020. Kay Jewelers is the largest retailer in the world when it comes to diamond jewelry, and the announcement that it wouldn't reopen a lot of its stores after 2020 came as a shock to the high-end jewelry world.

©JHVEPhoto / Shutterstock.com

Compass Airlines
Year Established: 2006
Store Closures: N/A (Entire Airline Shut Down)

When you talk about Compass Airlines, you have to do so in the past tense, as the regional airline is no longer open. Compass was part of Delta (previously Northwest Airlines), and it launched in 2006. Compass operated more than 1.5 million passenger flights during its fourteen years in business, and it had over 2,000 employees.

In 2020, Compass ended its operations. It cited reduced travel demands because of the events of that year. Compass also blamed Delta for its fate, stating that Delta hadn't secured additional flying for its subsidiary. One week after the announcement, Compass' 56 planes were out of commission.

@Jack_Martin / Pinterest.com





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ONE MAN’S TRASH, ANOTHER’S JACKPOT: WILD STOOPING DISCOVERIES IN NEW YORK

Bored Panda / GRETA JARUŠEVIČIŪTĖ
New York City is known for many things. It is a haven of diversity, a global hub of finance and arts, and, as a famous popstar once encapsulated it, a “concrete jungle where dreams are made of.” It is also where you can take home free stuff from the streets.
For New Yorkers, this practice is known

as “stooping,” and fascinatingly enough, people do encounter excellent finds. This trend has taken a life of its own, and there is a dedicated Instagram account for it.
We’ve collected photos from the page showing discarded furniture, pop culture mementos, and artwork worthy of the centerpiece spot in the living room. Indeed, NYC is a captivating place.



BLESSING OF THE WAVES

Sorry, I
won’t be
there this
year, but
maybe
next

Sept 13
5:00 pm
HB Pier

CRIME CHART

DEFENDANT-CASE RECORDS

Serious crime case summary • 21 defendant-case records

DATE	DEFENDANT	SERIOUS CRIME	VICTIM / STATUS	CASE STATUS	DEFENDANT STATUS
May 18, 2026	Josue Pacheco Torres	Kidnapping resulting in death; alleged murder	Unnamed victim — killed	Charged; pending	In custody
May 18, 2026	Julian Pachano	Kidnapping resulting in death; alleged murder	Unnamed victim — killed	Charged; pending	In custody
May 18, 2026	Kleiver Monasterio Briceno ("Goofy")	Kidnapping resulting in death; alleged murder	Unnamed victim — killed	Charged; pending	In custody
Sept. 11, 2024	Vanessa Yalixa Munoz-Baque	Attempted-murder charge; pleaded guilty to first-degree assault after knife attack	Unnamed victim — survived	Guilty plea	Prison sentence; additional federal sentence
Aug. 24, 2024	Hector Asdrubal Garcia Zuniga	Kidnapping; alleged murder	Kidnapping victim — killed	Indicted; pending	Charged
Aug. 24, 2024	Carlos Luis Zambrano Bolivar	Kidnapping; alleged murder; firearm causing death	Kidnapping victim — killed	Indicted; pending	Charged
Aug. 24, 2024	Jhonny Jesus Martinez Serrano	Kidnapping; alleged murder	Kidnapping victim — killed	Indicted; pending	Charged
Aug. 24, 2024	Jhonatan Nahin Toro Gonzalez	Kidnapping; racketeering involving murder	3 kidnapped; 1 killed	Indicted; pending	Charged
Aug. 24, 2024	Ehiker Alexander Morales Mendoza	Kidnapping; racketeering involving murder	3 kidnapped; 1 killed	Indicted; pending	Charged
June 17, 2024	Johan Jose Martinez-Rangel	Capital murder	Jocelyn Nungaray, 12 — killed	Charged; pending	Detained
June 17, 2024	Franklin Jose Pena Ramos	Capital murder	Jocelyn Nungaray, 12 — killed	Charged; pending	Detained
May 24, 2024	Keiber Jaen Martinez	Two firearm murders; shooting third victim	Claretha Daniels, 44 & Justin Lawless, 36 — killed; third victim survived	Pleaded guilty	Awaiting/subject to sentencing
May 24, 2024	Samuel Gonzalez Castro	Two firearm murders; shooting third victim	Daniels & Lawless — killed; third survived	Pleaded guilty	Awaiting/subject to sentencing
May 24, 2024	Eferson Morillo-Gomez	Two firearm murders; shooting third victim	Daniels & Lawless — killed; third survived	Pleaded guilty	Awaiting/subject to sentencing
May 24, 2024	Keineyer Ibarra-Mujica	Two firearm murders; shooting third victim	Daniels & Lawless — killed; third survived	Pleaded guilty	Awaiting/subject to sentencing
Feb. 22, 2024	Jose Antonio Ibarra	Malice murder, felony murder, kidnapping	Laken Hope Riley, 22 — killed	Convicted	Life imprisonment
Sept. 11, 2023	Juarez Sanchez-Montiel	Statutory rape/sex offense involving child under 13	Minor — survived	Convicted	216-320 months imprisonment
Aug. 5, 2023	Victor Antonio Martinez-Hernandez	First-degree murder, rape, kidnapping, sexual offense	Rachel Morin, 37 — killed	Convicted	Life imprisonment
July 27, 2022	Walter Javier Martinez	First-degree murder, sexual assault, strangulation	Kayla Hamilton, 20 — killed	Guilty plea	70 years imprisonment
Dec. 1, 2021	Elmer Hernandez Guardado	Attempted murder-for-hire; firearms offenses	Intended victim — survived	Convicted	More than 10 years federal prison
Feb. 1, 2021	Luis Antonio Gonzalez-Reyes	Child sexual exploitation/production and distribution of CSAM	13-year-old victim — survived	Convicted	23 years federal prison

IMPORTANT CONTEXT

These are 21 defendant-case records, not 21 separate incidents; several defendants are charged or convicted in the same incident. Immigration status was documented in the government-source research underlying the database. Charged/indicted means alleged, not convicted, and those defendants are presumed innocent unless proven guilty.





Dear EarthTalk: Is it true that polyester clothing might be a significant factor in the microplastics in our bodies and bloodstreams?
~ Steve Wilson, New York, NY

Plastic in the 21st century can be described simply: ubiquitous. We see it in food packaging and water bottles, but it is also present in cosmetics and clothing. The invention of plastic in 1907 ushered in a new era of convenience. A story in Life magazine from 1955, “Throwaway Living,” encouraged housewives to ditch chores and turn to single-use disposable kitchenware, and plastic use never looked back. In the past few decades, plastic production skyrocketed to 8.3 billion tons as of 2021; According to the United Nations, polyester production alone has increased 900 percent since 1980.

When reflecting on plastic pollution, co-founder of Stanford Medicine’s Plastics and

Health Working Group, Desiree LaBeaud, put it perfectly: “Plastic never goes away—it just breaks down into finer and finer particles.” Polyester fibers are extreme offenders when it comes to shedding microplastics. The fibers from polyester and nylon easily travel through air and water making them difficult to avoid.

One shocking headline says that we consume a credit card’s worth of plastic each week, while a less eye-catching article disputed that claim,

Some researchers think microplastics may be accumulating in your body if you wear a lot of polyester. Credit: Pexels.com



estimating 23,000 years to ingest that amount. The reality of these vast differences is that there are no standardized methods to measure microplastics yet. When reviewing microplastics in 2022, The World Health Organization explained they could not come to a conclusion on their impact because of a lack of reliable data.

Nonetheless there is evidence that microplastics accumulate in the human body. We ingest it in our food and water, and it’s in our air. Per the

Chair of Environmental Toxicology at City University in Hong Kong, small enough particles can even enter the body through the skin; not something you want to hear while wearing a polyester shirt. Initial observations suggest that microplastics may negatively impact digestive, respiratory, endocrine, reproductive and immune systems.

This is mostly observed in nonhuman animals thus far. Kara Meister, who studies microplastics’ roles in pediatric disease at Stanford Medicine says “probably within the next year or two we’ll have a couple more big landmark papers [which will inform us on the impacts of microplastics in humans].” Meister urges people not to succumb to “doomsday” thinking because we have plastics in our bodies. She instead encourages people to live a healthy lifestyle with good sleep, diet and stress management, saying “Giving your body the best shot to deal with whatever might come along is the best you can do.”

CONTACTS:

Microplastics and our health:

What the science says

med.stanford.edu/news/insights/2025/01/microplastics-in-body-polluted-tiny-plastic-fragments.html.

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The information contained in this column does not necessarily reflect the opinion of The Local News.

FRIENDSHIP SAID BEST IN PICTURES



Mind Boggling Photos



Parenting in the WILD



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Cocktails & WOMEN

Emerson Cocktail

Liquor.com / Tim Nusog

The Emerson is a classic cocktail consisting of gin, sweet vermouth, maraschino liqueur, and lime juice. It's a close relative of the Martinez, itself considered a possible forebearer of the Martini. Ingredients

Ingredients

1 1/2 ounces gin, preferably Old Tom
1 ounce sweet vermouth

1/2 ounce lime juice, freshly squeezed

1/4 ounce maraschino liqueur

Garnish: maraschino cherry

Directions

Combine all ingredients except garnish in a cocktail shaker filled with ice.

Shake for 10–15 seconds, until well chilled.

Double strain through a fine mesh strainer into a chilled cocktail glass.

Garnish with a maraschino cherry.

Cocktail Corner



Credit: Liquor.com / Tim Nusog

INGRID BERGMAN

Ingrid Bergman was a Swedish actress who was highly regarded for her roles in influential films, such as Casablanca (1942), For Whom the Bell Tolls (1943) and Anastasia (1956). She is the second most decorated Hollywood actress, with three Oscars, after Katherine Hepburn. Bergman was considered to have tremendous acting talent, an angelic natural beauty and the willingness to work hard to get the best out of films. She was also a very versatile actress, fluent in five languages and appearing in a range of films, plays and TV productions.



Motivation

This young woman sure has a good reason for wanting the Kansas City Royals to win – she'll get a puppy if they do! If we were in her shoes, we would definitely be cheering extra hard, too.

We're not sure if the players could see this sign from the field, but we do hope that they were playing their best. Judging from the faces of these loyal fans, it looks like the game is going in their favor, so this fan will be going home with a new pet.



What is the oldest living animal on Earth?

The answer will shock you!

Nature doesn't just create beauty, it crafts survival miracles. While most animals have short lives, a rare few have mastered the art of staying alive for centuries, even millennia. These aren't just long-lived creatures; they're nature's ultimate time travelers. From the frozen depths of the oceans to the darkest corners underground, they've developed bizarre, brilliant strategies to cheat death. Get ready to meet the animals whose lifespans will absolutely blow your mind.



Ocean Quahog Clam (Arctica islandica)

Image: Norbert Braun

Record age: 507 years

In 2006, a special clam was discovered buried deep in the seabeds of the North Atlantic. Scientists were able to determine that it had been there since at least 1499—that's centuries before the United States was even a thought! This ancient marvel, nicknamed "Ming", was able to perfect a slow-and-steady approach to life. Growing at a snail's pace and barely budging, Ming's sedentary lifestyle turned out to be a brilliant strategy for beating the clock. Who knew doing almost nothing could be the ultimate secret to longevity?

HISTORICAL PHOTOS



This is a picture of what Las Vegas looked like in the 1800s:

Vengeful
Man Barks
Like Dog

MONTGOMERY, Ala., March 21.

IMAGINE A WORLD
WITHOUT
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Moe Kanoudi

Moe News Than You Can Handle

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THE BEST HOLE-IN-THE-WALL FRIED CHICKEN IN THE WHOLE WORLD

Restaurants Worth Crowing About

When it comes to restaurants, looks can be deceiving. Great food can come from almost any kitchen, whether the restaurant is fancy or not. It's the unassuming spots that often prepare some of the best fried chicken, maybe because fried chicken is an unassuming dish itself. We examined customer reviews and expert recommendations to find fried chicken joints in every state that offer fantastic chicken in an unpretentious atmosphere. Next time you're in the mood for Southern-style fried chicken, check out these hole-in-the-wall joints, walk-up windows, drive-thrus, truck stops, and gas stations for a bucket of fried goodness — and maybe a side of potatoes while you're at it.

Eischen's Bar (Okarche, Oklahoma)

When Guy Fieri stopped at Eischen's Bar for an episode of "Diners, Drive-ins & Dives," the bar was full of customers who had recommended this place to him, and who broke into cheers when he asked about the fried chicken. At the time, it was made very clear that not only did the breading recipe contain some ingredients that were going to remain secret (aside from a ton of paprika), but until that point, no one outside the family had even seen it being made.

It's clear this place takes the fried chicken seriously, and it works. How do we know? It's estimated Eischen's sells more than 24,000 pieces of chicken each and every week, and that might have something to do with the fact that loyal fans recommend buying enough to guarantee you at least a few meals' worth of leftovers. It's a bucket-list kind of place for those who truly love fried chicken, and there's more going on here than just perfectly juicy, tender meat.

Customers love the ultra-fun atmosphere, and the fried okra, too. It makes sense, too: Although fire-related renovations have been necessary, this still retains the title of the oldest bar in Oklahoma. Fried chicken in a space that dates back to 1896? Sign us up.



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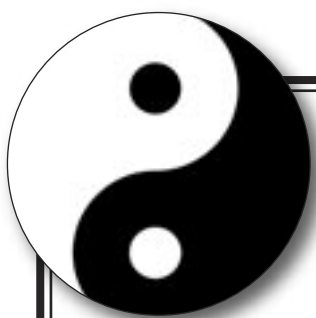
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ON THE DARK SIDE OR MAYBE THE LIGHTER SIDE...

TACO BELL IS RELEAS- ING A NEW VERSION OF THE MENU ITEM THAT SOLD OUT IN MINUTES

Allrecipes/BAILEY FINK

We're officially into the 'ber months of the year, and I don't know about you, but I feel like it's been ages since Taco Bell's massive menu announcements at Live Más Live in March. However, despite the many months that have passed since Jason Sudeikis, Demi Lovato, and hundreds of other Taco Bell fans gathered at the Hollywood Palladium, we are still waiting for a good handful of the

a limited time: the Salt & Straw Tacolate Chiller.

Taco Bell has since renamed it the Salt & Straw Choco-Waffle Chiller, but the sweet flavors are still the same. The frozen beverage features vanilla ice cream blended with churro crumbles and waffle cone pieces, served in a cup with a crackable chocolate shell, and topped with whipped cream and waffle cone pieces.

The Choco-Waffle Chiller will only be available at Live Más Café locations in Southern California, Dallas, Houston, and Las Vegas—but a Salt & Straw ice cream treat is also hitting Taco Bell restaurants nationwide.

Taco Bell is bringing back the Tacolate in an all-new flavor with its Salt & Straw Churro Ice Cream Taco. The new ice cream taco features the same waffle cone shell and dark chocolate and puffed rice coating, but with a new Churro Ice Cream.

Beginning Sept. 1, you'll find the new treat at Taco Bell restaurants nationwide for \$3.99, while supplies last. If last year's iconic release is any indication, the Churro Ice Cream Taco is going to be a hot commodity—so don't wait to try it.

We tried Taco Bell's new Salt & Straw Churro Ice Cream Taco early. Here are our thoughts on the newest treat.

Mt Honest Review of Taco Bell's Salt & Straw Churro Ice Cream Taco

The Tacolate sold out so quickly last year that I never got my hands on the ice cream taco. However, now that I've tried the new Churro Ice Cream Taco, I'm positive that it's going to fly out of Taco Bell's freezers—so I'll be rushing to the

drive-thru as soon as my restaurant opens.

The churro-flavored ice cream has a much spicier cinnamon flavor than the cinnamon-sugar fried dough treat it's inspired by, but I understand why Taco Bell is calling it churro—especially since its own churros are so popular. I think the ice cream tastes more like Cinnamon Toast Crunch cereal or horchata than true churros. However, it's still delicious.

Last year, some customers complained about Salt & Straw's waffle cone taco shell getting soggy, but I think it holds its crunch pretty well for a treat that's been in the freezer. And the crispy puffed rice on top also adds to the crunch factor.

Taco Bell doesn't release too many new sweets, but I think the new Churro Ice Cream Taco is the best dessert Taco Bell has launched since its Milk Bar Churros.

Read the original article on Allrecipes

Here comes the tide: Couple married in waist-deep floodwaters

The Telegraph/ OUR FOREIGN STAFF

Ang Tinig/AFP via Getty Images

A couple married in waist-deep floodwaters at a Catholic church in the Philippines on Tuesday.

Leian Liezza Galang waded through murky brown water inside St John the Baptist church in Hagonoy, north of Manila, to marry Gilbert Chico.

The pair had been advised to put their wedding on hold because of month-long floods in the Southeast Asian archipelago, but decided to go ahead.



"We did not mind that our gown and coat got soaked," said the groom, who said he and his wife had agreed unanimously to carry on.

The parish priest declared the couple, both in their 30s, husband and wife at a late-morning ceremony, Mikko Rey Alfonso, the wedding photographer, said.

"The parish had advised them to postpone the wedding due to the rising floodwaters from upstream. It was their decision to proceed," Mr Alfonso said, adding the church had been partially underwater for nearly a month.

"Since they wanted to see it through, we the servants of the parish did the best we could to make this a special day for them.

"They love each other. Nothing could stop their union."

Heavier-than-usual monsoon rains brought landslides and flash floods to the northern third of the archipelago in August. Thirty-four people died, according to the latest tally.

Undeterred, the bride and groom arrived together on a rickshaw with an elevated chassis, which kept their clothes pristine before they alighted in the church courtyard, Mr Chico said.

To allow the bride to safely navigate the floodwaters, she had to "have her wedding gown altered to shorten the train", Mr Alfonso said.

A video clip of the wedding posted on the parish's Facebook page showed the bride being hugged by her parents in front of empty pews adorned with plastic flowers.

One photo showed a boy holding the wedding rings while walking down the aisle – with floodwater up to his waist.

According to Mr Alfonso, fewer than 15 people were in attendance.

Mr Chico, who works as a rigger in the Middle East, said the wedding had originally been planned for December.

However, an ankle injury forced him to take his holiday earlier than planned, so the couple decided to bring their nuptials forward.



Credit: Allrecipes / Adobe

announced innovations to hit menus.

We're still waiting on promised items like the Mexican Pizza Empanada, Cheesy G Slider, and Crème Brûlée Crunchwrap Slider to hit menus. However, Taco Bell is finally releasing one of the new beverages teased at Live Más Live—and it's bringing a surprise



Credit: Taco Bell

second menu item.

Taco Bell is teaming up with Salt & Straw to bring back the iconic ice cream taco in two new ways.

Taco Bell Brings Back Salt & Straw Ice Cream Taco

In 2025, Taco Bell debuted its partnership with Salt & Straw to release the now-viral Tacolate. The ice cream taco is a play on Klondike's discontinued Choco Taco, made with cinnamon-ancho ice cream inside a waffle cone taco, all dunked in dark chocolate and crispy puffed rice, and served with Mango Jalapeño Sauce and Wildberry Cinnamon Sauce.

The Tacolate sold out almost immediately, but Taco Bell promised to bring it back in a new way this year. At Live Más Live, the chain announced that a Salt & Straw beverage would join the Live Más Café menu for

MOST EXPENSIVE Cars Owned by Richest Celebrities Will Numb Your Head

John Travolta – Rolls-Royce Phantom, Estimated \$410K

John Travolta has severe old-fashioned design when it comes to vehicles. He also really enjoys flying and is just one of the few stars who can boast about his pilot’s license. Besides the airplane that he maintains at home, he has rather a collection of vehicles.

He has Ford Thunderbirds that are 1955, 1956, and 1957 variations, a Jaguar XJ6, a 1970 Mercedes-Benz 280SL, and a 2003 TVR Tuscan. Allow’s not to forget among his favorite cars and trucks is a lovely Rolls-Royce Phantom which sets you back around \$410K. Yet that’s a cheap modification versus his net worth which is simply over \$170 million.



Nonsense-Sounding Statements That Turned Out To Be True

Bored Panda / ROBYN SMITH

Don't believe everything you read on the internet. By now, we can all agree that it's full of fake stuff and AI isn't helping the situation. Misinformation spreads like wildfire and often, it's disguised so well that you might be none the wiser. But sometimes, fact is indeed stranger than fiction and the things that sound like complete and utter rubbish turn out to be true.

Humans glow. The universe is beige. Per capita, the Vatican has the highest crime rate in the world. Those were just some of the statements that popped up when someone recently asked, "What sounds like complete nonsense, but has been proven to be true?"

Bored Panda has put together a captivating and surprising list of the best answers. From biology to geography, psychology to history, and everything under the sun, there's enough here for anyone looking to sound a little more clued up at that next social gathering. Don't forget to upvote your favorites

and feel free to share your own "nonsense-sounding" gems in the comments section below.



© Photo: SendMeYourDPics

#1 That time literally runs at different speeds depending on where you are. Because of gravity and relativity a clock on the floor ticks a tiny bit slower than a clock on a shelf and scientists have actually measured the difference with insanely precise atomic clocks.



#2 You are mostly made of empty space between atomic particles.

© Photo: 0n10n437

#3 Carrots make you see better in the dark.

A lie created by the British in WWII so the Germans didn't realise the radar the British pilots had.

Later it was discovered the keratin in carrots actually **does** help you see at night.

© Photo: chalk_in_boots



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The Most Valuable Collectors' Items in History

By Audrey Kyanova

We've all heard the stories about someone stumbling upon a valuable comic or knick-knack in a Salvation Army, or the family who moves into a new house only to find a wine cellar below the floorboards worth a fortune.

Anything from baseball cards or vintage Coca Cola cans to stuffed toys or even ticket stubs from legendary concerts, could be the items worth millions. You never know what items are lurking in your basement or your local thrift store that could be worth big bucks to a collector.

Read on to discover a list of some of the most valuable collectible items of all time. You never know, it might be time to bring out the stepladder and venture into the attic. You could have been sitting on a dusty goldmine for decades, blissfully unaware.



Mantel Clocks
Maker: Seth Thomas, Gilbert, Boston, and more
Original Price: \$10-\$100*
Worth Today: \$50-\$500*

In order to identify your old vintage mantel clock, you can use the maker's or company's name. There are a few places in which the name may be printed

or engraved, including near the dial's center face, around the edge of the face, on the clock movement backplate, or on a paper or plastic label attached to the back of the clock.

Rare and unique clocks, such as an antique Boston #11 clock, can sell for thousands (the Boston sold for nearly \$3,000). Mass-produced mantel clocks, judging from the price range on eBay, sell for \$50-\$500, depending on make, model, and whether it is actually a working timepiece.

©Subtropicals/Shutterstock.com

Bottle Caps
Maker: Coke, Pepsi, and more
Original Price: \$0*
Worth Today: \$10-\$50 per collection*



As you can imagine, there is a market for everything, and you can usually find said market on eBay. Bottle cap collectors will have their time to shine, as you can make at least a few bucks for your collection, however numerous, on eBay. Beer, soda, water—the more unique the caps, the better.

For example, a collection of 100 red Budweiser Crown beer bottle caps is on sale on eBay for \$11. Another hundred-cap collection is retailing for \$13. Note: if you're going to offload your collection, you'll want to have at least fifty in your lot, if not more.

©silvernugget.999/ebay

Nokia 3310
Maker: Nokia
Original Price: \$160*
Worth Today: \$80-\$110*

If you were around for the 2000s, then you probably remember the Nokia 3310. People loved this brick of a phone, as it had a week-long battery, classic Snake game, and a resilient structure. You could throw the 3310 off a building and it wouldn't even make a dent.

Believe it or not, you can still get these retro phones online for \$80-\$110. There is a market, as some people shun high-tech smartphones in favor of something basic and tried-and-true. It has been twenty-two years since the 3310 was introduced, and people remember it so fondly that there is a collectors' market for the phone.

©photobeps/Shutterstock.com



Interesting Old Photos for People who Love History

www.HBLocalNews.com

Bored Panda / ROKAS LAURINAVIČIUS

The world is constantly changing, and eventually, our memory alone isn't enough to portray how things really were. It can distort important details, leaving gaps in our understanding of the past. That's why archives are so valuable.

The Facebook group Old Historical Photos is home to hundreds of images from days gone by. Thanks to the community's dedication to record keeping, we get to see the events, places, and people that might otherwise be lost to time. Previous eras feel much more tangible.



#1 Elderly women with tattoos characteristic of Croatian Catholics in Bosnia. Central Bosnia, late 1930s.
© Photo: Historic Imprints#11

From Liberation to Legacy: St-Mère-Église Then and Now" In the summer of 1944, the small French town of Sainte-Mère-Église etched its name into history as one of the first to be liberated during the D-Day invasion. Nestled in Normandy, this quiet village was thrust into the global spotlight on the night of June 5-6, when American paratroopers of the 82nd Airborne Division dropped from the skies under fire, landing amid chaos, smoke, and confusion. By dawn, the stars and stripes waved over the town square,



and a new chapter in the fight against tyranny had begun. Just hours after fierce combat, scenes of camaraderie emerged—U.S. infantrymen resting, smiling, and sharing drinks with the grateful locals they had just freed. These powerful images from 1944 show more than just military victory—they reveal human connection. War-weary GIs, some barely out of their teens, found comfort in the hospitality of villagers who had endured years of occupation. Bottles of wine and cider were passed around, hands shaken, and laughter returned to streets that had echoed with fear only a day before. The bond formed in Sainte-Mère-Église became symbolic of the deep gratitude between France and the United States, forged in the blood and bravery of shared sacrifice. Fast forward to today, and that spirit is still alive. The town remains a living memorial, with parachutes still hanging from church steeples and veterans honored like family. Each year during D-Day commemorations, Sainte-Mère-Église fills with visitors, reenactors, and descendants of those who fought, walking the same cobblestone streets where history unfolded. The contrast between the black-and-white images of 1944 and the colorful, peaceful town of today is striking—but the soul of the place, shaped by freedom and remembrance, remains untouched. St-Mère-Église is more than a point on a map—it's a testament to resilience, gratitude, and the enduring power of liberation. From the muddy boots of tired soldiers to the smiles shared with liberated villagers, this town reminds us that history lives not just in textbooks, but in moments of hope, humanity, and hard-won peace.

© Photo: Historic Voices#14

The Local News, September 01, 2026 hbnews1@aol.com 714.914.9797



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TABLE MAP
BE THE FIRST TO GET YOUR PREMIUM TABLES



TRUMP HOMELAND SECURITY CHIEF SAYS ICE AGENTS COULD BE SENT TO POLLING PLACES

The Guardian / MAYA YANG

US homeland security secretary Markwayne Mullin on Tuesday said that federal immigration and customs enforcement (ICE) officers could be deployed to polling sites across the country.

Speaking to reporters in New York, Mullin said: “ICE isn’t there to patrol the polling places. We’re there to enforce specific threats.”

For months, Democrats and voting rights groups have warned that the Trump administration might attempt to deploy federal agents to polling locations in an effort to intimidate voters and depress turnout ahead of the November midterm elections.

Although the White House has downplayed such suggestions, Donald Trump has declined to rule it out while continuing to sow doubt about the integrity of past – and future – US elections.

“The only reason why we would be at polling places is if there is a threat to that polling place or we’re serving a warrant on someone that we have been actively tracking down,” Mullin said. “ICE’s job is immigration, customs enforcement. That’s their job ... if we’re serving a warrant we will be where we need to be.”

Federal law prohibits military personnel or other “armed” agents from being “at any place where a general or special election is held”.

In a separate statement to Politico, the homeland security department said: “ICE is not planning operations targeting polling locations. ICE conducts intelligence-driven targeted enforcement, and if an active public safety threat endangered a polling location, they may be arrested as a result of that targeted enforcement action.”

The Guardian has contacted the DHS for additional comment.

Mullin’s latest comments follow statements he made in July, when he threatened to withhold federal aid from states that refused to comply with homeland security election directives as part of the administration’s crack-down on what it alleges is widespread voter fraud.

“We will scrub all election records, looking for illegal aliens and those who are ineligible to vote, including those that somehow voted, yet they were deceased,” Mullin said earlier this summer, adding: “If states want the grant funding, to recap, they must secure the election.”

Yet experts say the administration has failed to offer any proof for its claims of non-citizen voting. In one instance, DHS officials claimed that there may have been as many as 16,000 non-citizens registered to vote in Nevada, but later admitted they could confirm that only 185 of those people were actually non-citizens, according to records obtained by the Guardian.

Meanwhile, Dan Caine, chair of the joint chiefs of staff, recently wrote in a letter that the US mil-

itary had no plans to deploy troops to polling sites during the upcoming November midterm elections.

Caine’s letter came in response to a request for information from senator Elissa Slotkin amid concerns that the Trump administration could send US military personnel to patrol polling sites.

In his letter to Slotkin, Caine said: “The joint force has no plans to send federal military personnel or federalized members of the national guard to polling places during the 2026 elections.” He added that there were “no plans to use such personnel to seize ballots, voting machines, or other election-related material”.



This European City Was Named the Best Place to Live in the World—and It Ranked for Safety, High Earnings, and Exceptional Quality of Life

Travel+Leisure / LAUREN DANA ELLMAN

Credit: Chelsea Loren/Travel + Leisure

With its storybook Old Town, gorgeous lakefront setting, and proximity to the Alps, Zurich is a desirable vacation destination for all types of travelers—outdoor lovers, culture seekers, history buffs, you name it. But Zurich isn’t just a spectacular city to visit. In fact, a new global study named it the No. 1 city in the world in which to live full time.

The January 2026 report from digital entertainment platform JB evaluated 45 global metropolises across six key factors: quality of life, safety, healthcare access, air quality, employment, and disposable income, defined as the amount of money residents have left after rent and essential expenses have been covered. The holistic approach was designed to highlight cities that perform consistently well across all categories, rather than excelling in only one or two areas.

Although Switzerland’s largest city had a solid showing for every metric—unsurprising given its No. 1 overall ranking—the city earned especially high marks in

safety, quality of life, and healthcare. A low unemployment rate of 2.9 percent further signals a strong and stable labor market, bolstered by Zurich’s role as Switzerland’s primary financial center and one of Europe’s most important banking hubs.

While Zurich—and Switzerland as a whole—are known for their high cost of living, the study highlights an important counterbalance. Zurich residents are also high earners, and retain an average of nearly \$4,000 per month after essentials, more than double the average in many other top-ranked cities. This leaves plenty of funds to spend on exploring some of the city’s most eclectic neighborhoods, savoring the culinary scene, wandering through world-class museums, and shopping at chic boutiques and galleries.

The bottom line: If you’re considering an international move—or simply craving a dramatic change of scenery—Zurich may be worth a closer look. In addition to its postcard-ready setting, the city offers residents a rare blend of economic stability and everyday quality of life. All this, coupled with an efficient public transit system, vibrant neighborhoods, and easy access to hiking, skiing, and lake activities, helps explain Zurich’s newly earned and well-deserved title.

European cities secured the top six positions on JB’s most livable cities list, followed by Melbourne, Australia, at No. 7. Two U.S. cities—Seattle and Boston—claimed the eighth and tenth spots, respectively. Notably absent from the ranking? Cities in South America, Africa, and Asia—underscoring broader regional disparities tied to infrastructure, economic stability, and public services.

Check out the full list of rankings below:

- Zurich, Switzerland
- Copenhagen, Denmark
- Amsterdam, Netherlands
- Vienna, Austria
- Munich, Germany
- Helsinki, Finland
- Melbourne, Australia
- Seattle, United States
- Edinburgh, United Kingdom
- Boston, United States

Read the original article on Travel & Leisure



ANTHONY BOURDAIN'S 1-INGREDIENT UPGRADE FOR THE BEST CHICKEN SALAD

Simply Recipes

SHARON LEHMAN, RD

Credit: *Simply Recipes* / Getty Images

Why Make This

Celery salt is Anthony Bourdain's secret ingredient that transforms basic chicken salad.

The celery salt and crunchy celery bring brightness and cut through the richness of mayo.

As a nutrition major in the early 2000s, watching Food Network was my favorite way to unwind. Anthony Bourdain's first show, *A Cook's Tour*, felt edgy, raw, and unscripted compared to the home-cooking shows I favored, and his adventurous spirit and reverence for global cuisine sucked me in.

Bourdain earned legendary status as an opinionated and well-traveled chef, but he also had a knack for upgrading classic

recipes. Take, for example, his approach to chicken salad.

The standout ingredient in his recipe is celery salt. I followed his recipe exactly, including celery salt alongside the usual cast of mayonnaise, celery, and a bit of finely diced onion. The result was a flavorful, zippy chicken salad that far surpassed my previous attempts.

How Does Celery Salt Improve Chicken Salad?

If you need a refresher, celery salt is a blend of salt and crushed celery seeds. You don't see it in many recipes—though it sometimes shows up in seasoning blends and bloody Marys—but I'm now convinced we all should be using more celery salt.

Somehow, Bourdain's trick makes chicken salad taste, well, even more

chicken salad-y. How could that be? I have a few theories.

First, there's the salt factor. Most everything tastes more vibrant when properly seasoned. Then, there's the celery. Most chicken salad recipes include some chopped celery, which adds necessary crunch and a fresh, herbal flavor. The celery salt makes the celery really pop and adds a layer of brightness and zest that cuts through the heaviness of the mayonnaise.

Anthony Bourdain's Other Chicken Salad Tricks

Bourdain includes a couple other kitchen staples that make for a superior chicken salad. A bit of Worcestershire sauce and Tabasco add depth and a subtle touch of heat, while optional fresh tar-

ragon delivers a light sweetness.

He instructs you to poach your chicken breasts, which yields perfectly tender meat. Bourdain also insists the chicken should be finely diced into one-quarter-inch cubes. Typically, I shred my chicken breasts, but I admit that uniformly cutting them into smaller cubes resulted in a meatier chicken salad with zero mush factor.

For a second opinion, I turned to my boyfriend, who's never met a chicken salad he didn't like. "That," he proclaimed after one bite, "is really good chicken salad. That's the way to make it from now on."

I have to agree. Now that I know Bourdain's tricks, I won't make chicken salad any other way.

Read the original article on Simply Recipes



Doctors Reveal the 7 Best Foods for Alzheimer's Disease Prevention

KRISTINA MASTROCOLA, KARA WAHLGREN, JAYNE JACOVA FELD AND AVIVA PATZ

Image: Milky Way

Odds are you know someone affected by Alzheimer's disease. The condition affects nearly six million Americans, and that number is expected to almost triple by 2060. But despite that grim statistic, there's good news to report: What you put on your plate today can help protect your brain for decades to come. Research suggests our gut microbiome, and by extension our diet, has a meaningful role in preventing dementia. So what's the best food for Alzheimer's disease prevention? We asked top doctors and dug into the latest studies. Here are the smartest picks to add to your grocery list.

"If you change your lifestyle and switch to a healthy diet along with these other lifestyle factors, getting older does not have to mean developing cognitive decline," assures gastroenterologist and neurobiologist Emeran A. Mayer, MD, of the David Geffen School of Medicine at UCLA. To maintain a healthy brain, add more of these foods to your diet:

12 Expert-Approved Ways To Improve Your Memory After 50

Fatty fish

When it comes to the best foods for reducing the risk of developing Alzheimer's disease, this tops the list. "If I had to choose one food that stands out for brain health, it would be fatty fish," says Rizwan Bashir, MD, a board-certified neurologist. "Fatty fish is rich in omega-3 fatty acids, which are essential for maintaining the health of brain cell membranes and supporting cognitive function. Omega-3s also have anti-inflammatory properties that help protect the brain against degeneration."

Which types of fish are best for keeping your brain healthy? Dale Bredesen, MD, a renowned expert on neurodegenerative diseases, uses a handy acronym—SMASH: salmon, mackerel, anchovies, sardines and herring. Aim for one to two 4-ounce servings a week.

Leafy greens

Kale, spinach, romaine, collards, arugula, Swiss chard—pile these green leafy vegetables on your plate. In one study of more than 900 people, those who ate the most leafy greens had brains that were essentially 11 years younger than those who ate the least, notes Brynna

Connor, MD, a family medicine physician.

Greens are also loaded with folate, B6 and vitamin K. "People low in vitamin K have an increased risk of Alzheimer's," Dr. Bredesen says. The two B vitamins in leafy greens help "by reducing a compound called homocysteine, which, in excess, can harm cognitive function," explains Neal Barnard, MD, president of the Physicians Committee for Responsible Medicine. Aim for one to two servings daily.

Berries

Just half a cup of blueberries a day was enough to improve performance on cognitive tasks in one study pub-

mal brain health.

Eggs

Eggs are one of the best sources of choline, "a precursor for the neurotransmitter acetylcholine, the most important one for memory—and one that is reduced in Alzheimer's patients," Dr. Bredesen says. One hard-boiled egg supplies 147 mg toward the 500 mg daily target, making it one of the best foods for Alzheimer's disease prevention.

Olive oil

Extra virgin olive oil, a staple of the Mediterranean and MIND diets, supplies omega-3s and natural antioxidants that calm brain-damaging inflammation. Research shows about half a tablespoon a day can lower the risk of dementia and support better memory, says Sarah Bullard, PhD, director of psychology at Gaylord Specialty Healthcare.

Turmeric

Turmeric rounds out the list. "Its active ingredient, curcumin, has strong anti-inflammatory and antioxidant benefits that can enhance brain function and lower the risk of cognitive decline," Dr. Bashir says. Stir 1 to 2 teaspoons of ground turmeric into your meals daily, paired with a pinch of black pepper and a healthy fat like olive oil to boost absorption.

Foods to scale back on for Alzheimer's disease prevention

Just as important as what you add is what you cut back on. Dr. Barnard and Kimberly Idoko, MD, a board-certified neurologist, recommend limiting red meat and full-fat dairy (high in saturated fats that may contribute to brain plaque), iron supplements taken without medical need and alcohol, which "disrupts sleep patterns, interferes with memory consolidation and contributes to chronic inflammation," Dr. Idoko says.

The takeaway? A whole-foods diet rich in fatty fish, leafy greens, berries, nuts and healthy fats can support your brain for years to come. As Dr. Mayer puts it, start these habits in middle age and there could be "a significant reduction of Alzheimer's disease later in life."

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lished in Nutrients. Credit goes to their high levels of flavonoids, plant compounds with potent antioxidant and anti-inflammatory properties. "Blueberries can help with long-term memory and spatial memory—remembering where things are and how to get there," Dr. Connor says.

Nuts

Not a seafood fan? Walnuts pack some of the highest omega-3 levels of any nut, plus antioxidants that fight the oxidative stress and inflammation linked to cognitive decline. A quarter to half a cup daily can help reduce risk factors tied to dementia, including cardiovascular disease and type 2 diabetes.

Almonds are another winner, delivering vitamin E—"a powerful antioxidant that acts as a protective shield for your brain cells," Dr. Barnard says. A one-ounce handful daily provides roughly 5 mg of vitamin E, about a third of the recommended intake for opti-



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